

RANDO-MOTO.be
vous présente
le retour du
PARIS - NORDKAPP
2026




CLICK → OK

VENDREDI 17 juillet 2026

394 km **RM**

SJOASEN - KRISTIANSUND

JOUR 5/11

CLICK → OK

Rando-Moto.be se rétracte de tout incident qui pourrait se dérouler durant ce voyage.

PRESS → OK =  ACCORD

Soyez prudents, ne faites pas la course, respectez les limitations.

AUX AUTOS
LA FAUNE !

Dans plusieurs régions de Norvège, des rennes et des élan peuvent apparaître sur votre route ...

PRUDENCE !!!




CLICK → OK

DEPART

BONNE ROUTE !

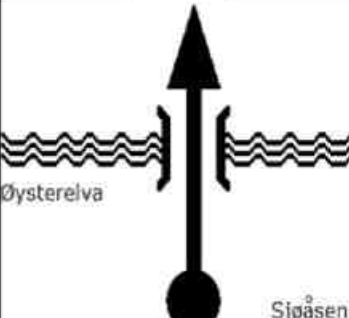



Sjøåsen



Sjøåsen

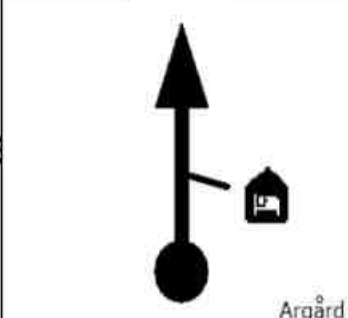
+	WP	TOT	+	WP	TOT	+	WP	TOT	+	WP	TOT	+0.0	WP 1	TOT 0.0	+0.0	WP 2	TOT 0.0
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Øysterelva

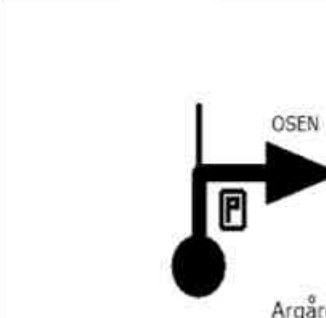
Sjøåsen

+2.4	WP 3	TOT 2.4
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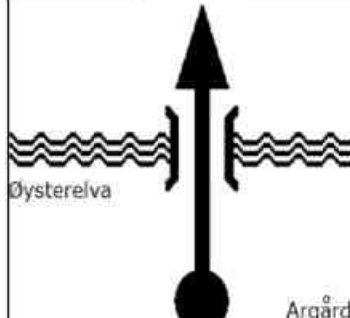
Argård

+0.3	WP 4	TOT 2.7
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Argård

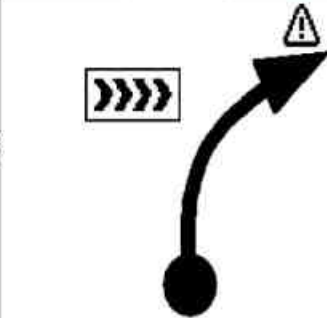
+1.2	WP 5	TOT 3.9
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Øysterelva

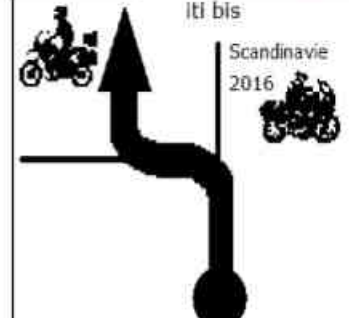
Argård

+0.8	WP 6	TOT 4.7
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+0.7 WP 7 | TOT 5.4 |

+0.7	WP 7	TOT 5.4
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Iti bis

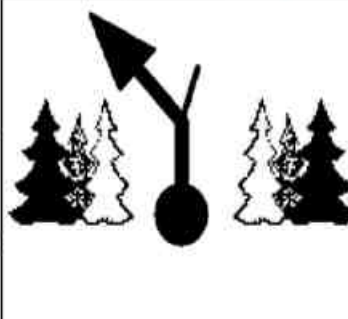
Scandinavie 2016

+0.4	WP 8	TOT 5.8
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Nyengfossen

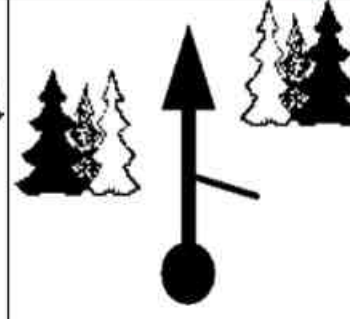
+0.7	WP 9	TOT 6.5
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+2.7	WP 10	TOT 9.2
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+0.6	WP 11	TOT 9.8
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+0.5	WP 12	TOT 10.3
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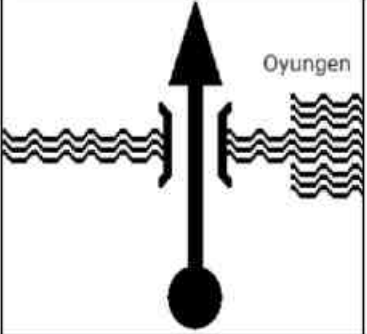
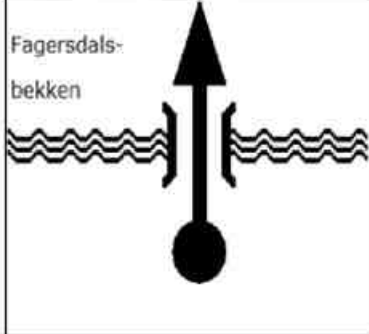
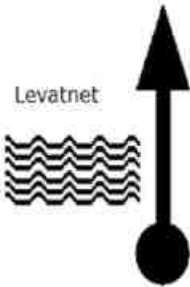
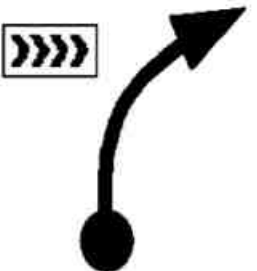


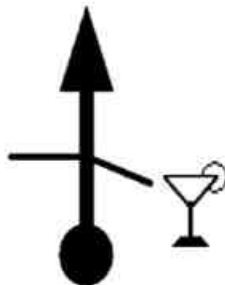
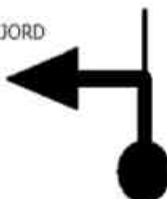
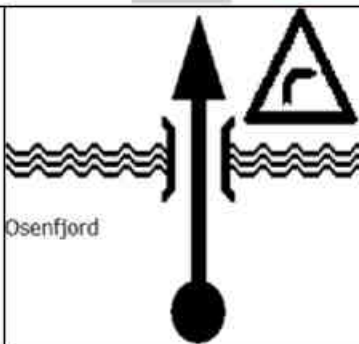
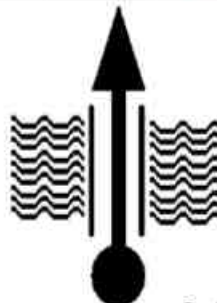
+0.7	WP 13	TOT 11.0
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Øyensåa

+0.1	WP 14	TOT 11.1
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+0.1 WP 15 TOT 11.2	+1.9 WP 16 TOT 13.1	+2.2 WP 17 TOT 15.3	+0.3 WP 18 TOT 15.6	+1.3 WP 19 TOT 16.9	+0.7 WP 20 TOT 17.6
					
+0.4 WP 21 TOT 18.0	+3.3 WP 22 TOT 21.3	+0.8 WP 23 TOT 22.1	+1.5 WP 24 TOT 23.6	+2.2 WP 25 TOT 25.8	+1.7 WP 26 TOT 27.5
					
+2.1 WP 27 TOT 29.6	+4.2 WP 28 TOT 33.8	+1.2 WP 29 TOT 35.0	+0.6 WP 30 TOT 35.6	+2.3 WP 31 TOT 37.9	+2.0 WP 32 TOT 39.9

					Nordmeland- fossen 												
+0.7	WP 33	TOT 40.6	+0.2	WP 34	TOT 40.8	+0.1	WP 35	TOT 40.9	+2.3	WP 36	TOT 43.2	+0.6	WP 37	TOT 43.8	+0.5	WP 38	TOT 44.3
		Osen & Steinsdalen 		Osen & Steinsdalen 													
+0.6	WP 39	TOT 44.9	+1.7	WP 40	TOT 46.6	+0.3	WP 41	TOT 46.9	+0.1	WP 42	TOT 47.0	+0.5	WP 43	TOT 47.5	+0.4	WP 44	TOT 47.9
Nordvika 	AFJORD 	Osenfjord 															
+1.7	WP 45	TOT 49.6	+1.1	WP 46	TOT 50.7	+1.1	WP 47	TOT 51.8	+0.5	WP 48	TOT 52.3	+0.6	WP 49	TOT 52.9	+0.6	WP 50	TOT 53.5

					
Brattjer			Sørjer	Sørjer	Sørjer

+ 1.4

WP 51

TOT 54.9

+ 0.9

WP 52

TOT 55.8

+ 0.3

WP 53

TOT 56.1

+ 1.0

WP 54

TOT 57.1

+ 0.5

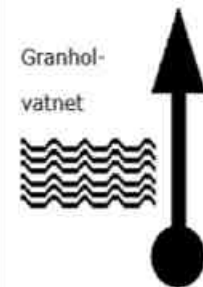
WP 55

TOT 57.6

+ 1.1

WP 56

TOT 58.7

					
Sørelva Nordelva		Granholt- vatnet			

+ 1.7

WP 57

TOT 60.4

+ 1.4

WP 58

TOT 61.8

+ 2.1

WP 59

TOT 63.9

+ 0.3

WP 60

TOT 64.2

+ 0.6

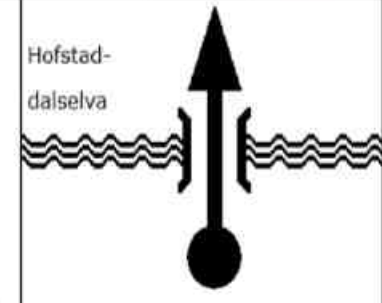
WP 61

TOT 64.8

+ 0.8

WP 62

TOT 65.6

					
Hofstad	Hofstad	Reppkleiv	Reppkleiv	Hofstad- dalselva	

+ 2.3

WP 63

TOT 67.9

+ 0.9

WP 64

TOT 68.8

+ 2.1

WP 65

TOT 70.9

+ 2.4

WP 66

TOT 73.3

+ 1.3

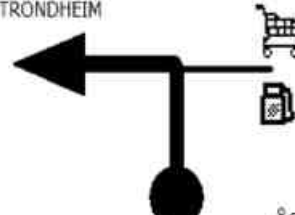
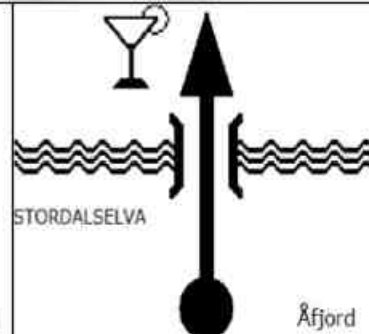
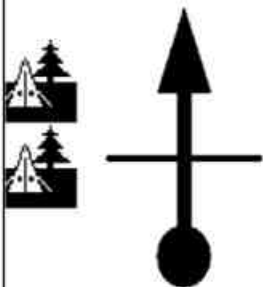
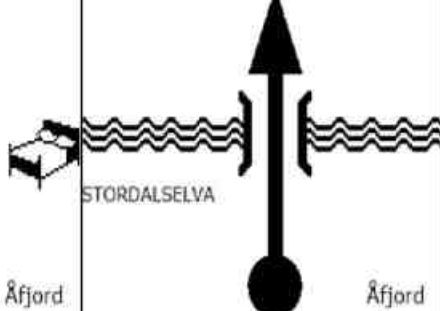
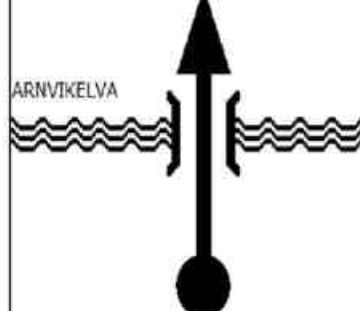
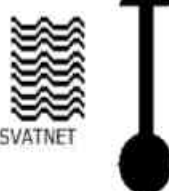
WP 67

TOT 74.6

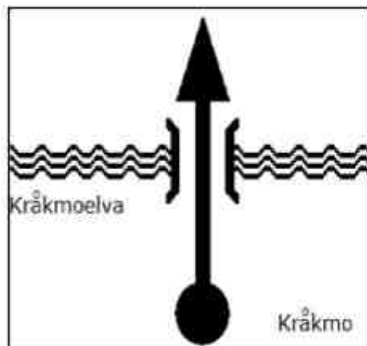
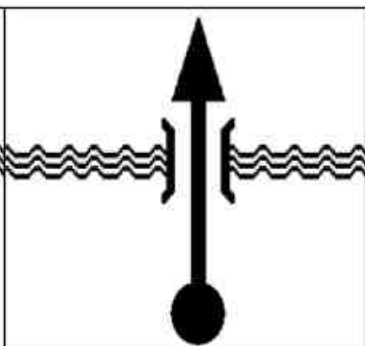
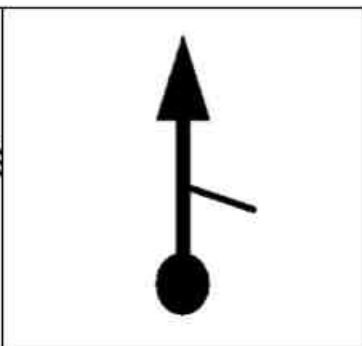
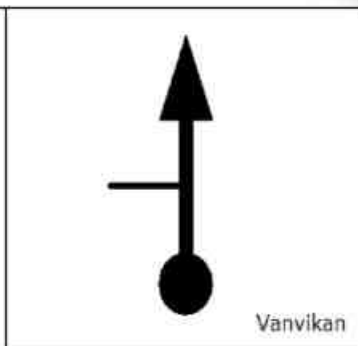
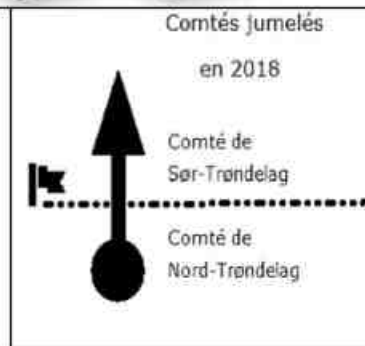
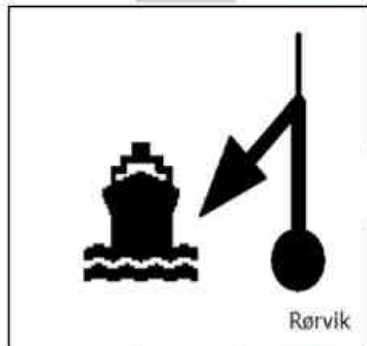
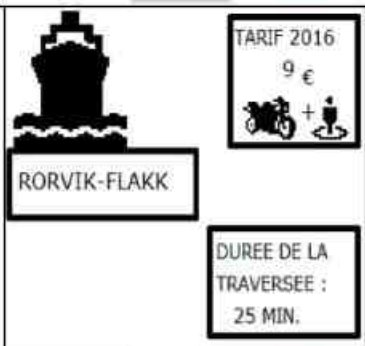
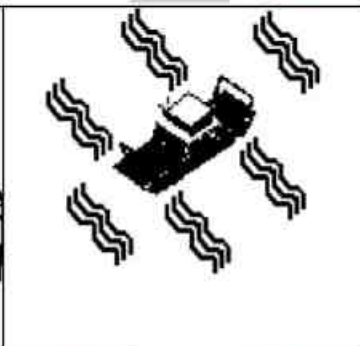
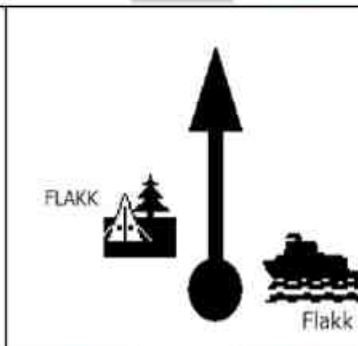
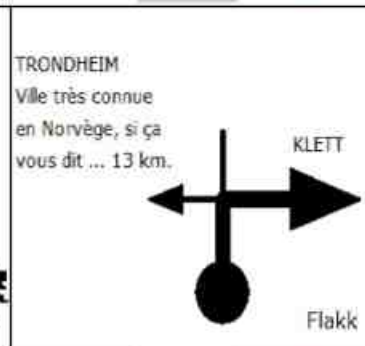
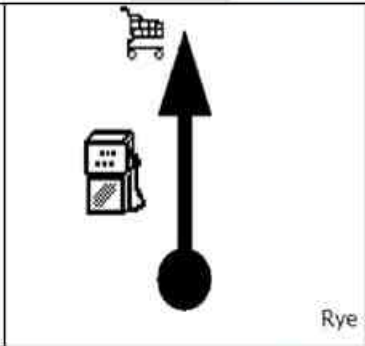
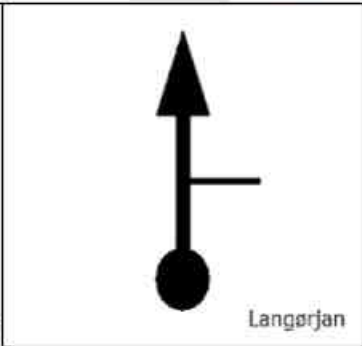
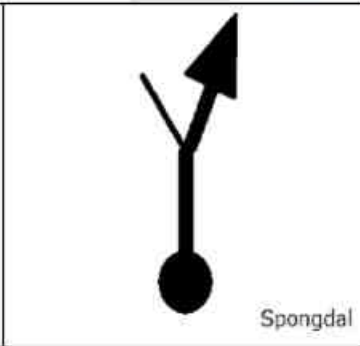
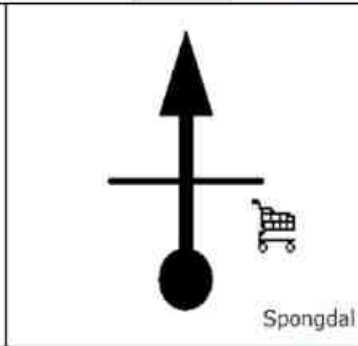
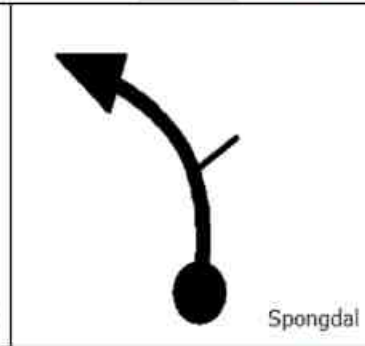
+ 0.2

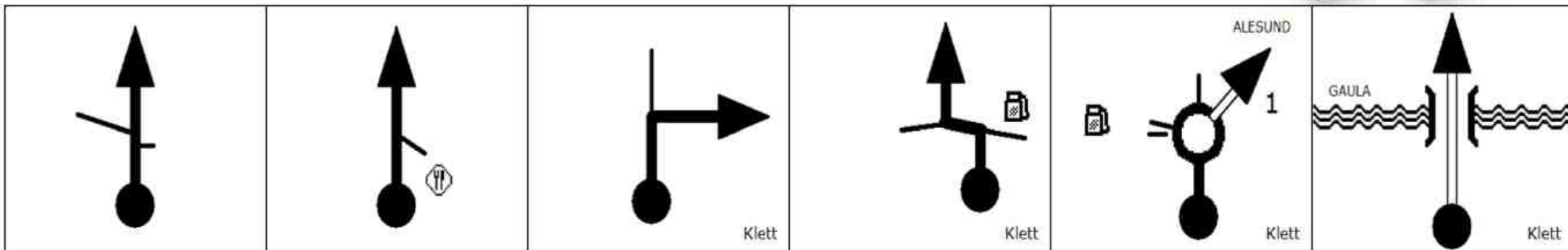
WP 68

TOT 74.8

																	
+ 3.6	WP 69	TOT 78.4	+ 6.7	WP 70	TOT 85.1	+ 0.5	WP 71	TOT 85.6	+ 5.0	WP 72	TOT 90.6	+ 16.4	WP 73	TOT 107.0	+ 0.4	WP 74	TOT 107.4
																	
+ 0.2	WP 75	TOT 107.6	+ 0.1	WP 76	TOT 107.7	+ 0.1	WP 77	TOT 107.8	+ 0.9	WP 78	TOT 108.7	+ 1.7	WP 79	TOT 110.4	+ 0.7	WP 80	TOT 111.1
																	
+ 1.2	WP 81	TOT 112.3	+ 2.1	WP 82	TOT 114.4	+ 0.4	WP 83	TOT 114.8	+ 0.2	WP 84	TOT 115.0	+ 4.0	WP 85	TOT 119.0	+ 2.1	WP 86	TOT 121.1

					INFO SUR 2KM RÖRVIK-FLAKK DUREE DE LA TRAVERSEE : 25 MIN. BIENTOT FERRY !!! Départs TOUTES LES 15 OU 30 MINUTES
+ 4.5 WP 87 TOT 125.6	+ 2.9 WP 88 TOT 128.5	+ 3.1 WP 89 TOT 131.6	+ 0.4 WP 90 TOT 132.0	+ 2.2 WP 91 TOT 134.2	+ 0.2 WP 92 TOT 134.4
+ 3.1 WP 93 TOT 137.5	+ 1.4 WP 94 TOT 138.9	+ 0.9 WP 95 TOT 139.8	+ 0.3 WP 96 TOT 140.1	+ 5.0 WP 97 TOT 145.1	+ 0.1 WP 98 TOT 145.2
+ 0.1 WP 99 TOT 145.3	+ 2.3 WP 100 TOT 147.6	+ 1.8 WP 101 TOT 149.4	+ 0.4 WP 102 TOT 149.8	+ 1.6 WP 103 TOT 151.4	+ 0.6 WP 104 TOT 152.0

					Comtés jumelés en 2018 Comté de Sør-Trøndelag Comté de Nord-Trøndelag 												
+ 0.5	WP 105	TOT 152.5	+ 1.5	WP 106	TOT 154.0	+ 9.3	WP 107	TOT 163.3	+ 1.5	WP 108	TOT 164.8	+ 1.5	WP 109	TOT 166.3	+ 3.2	WP 110	TOT 169.5
		Embarquement pour FLAKK. Bonne traversée ! 			TRONDHEIM Ville très connue en Norvège, si ça vous dit ... 13 km. 												
+ 3.1	WP 111	TOT 172.6	+ 0.1	WP 112	TOT 172.7	+ 0.3	WP 113	TOT 173.0	+ 0.5	WP 114	TOT 173.5	+ 7.0	WP 115	TOT 180.5	+ 0.8	WP 116	TOT 181.3
																	
+ 1.3	WP 117	TOT 182.6	+ 2.2	WP 118	TOT 184.8	+ 0.6	WP 119	TOT 185.4	+ 6.1	WP 120	TOT 191.5	+ 1.7	WP 121	TOT 193.2	+ 0.9	WP 122	TOT 194.1



+ 5.5

WP 123

TOT 199.6

+ 0.8

WP 124

TOT 200.4

+ 1.4

WP 125

TOT 201.8

+ 0.6

WP 126

TOT 202.4

+ 0.4

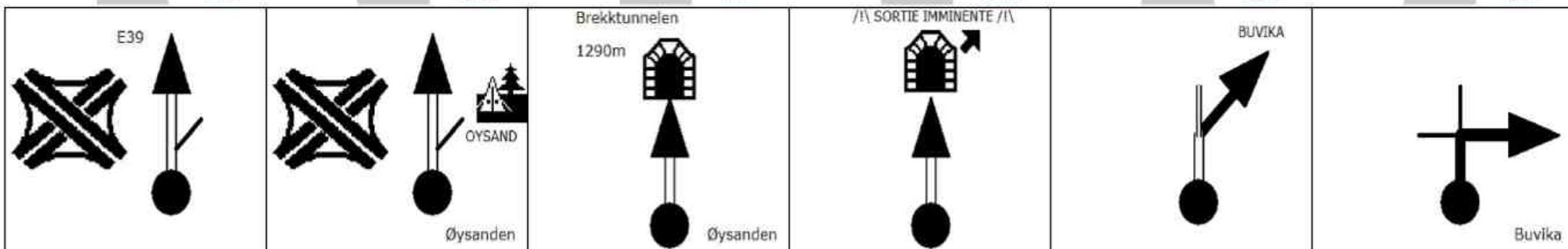
WP 127

TOT 202.8

+ 1.5

WP 128

TOT 204.3



+ 0.2

WP 129

TOT 204.5

+ 2.4

WP 130

TOT 206.9

+ 0.8

WP 131

TOT 207.7

+ 1.8

WP 132

TOT 209.5

+ 0.5

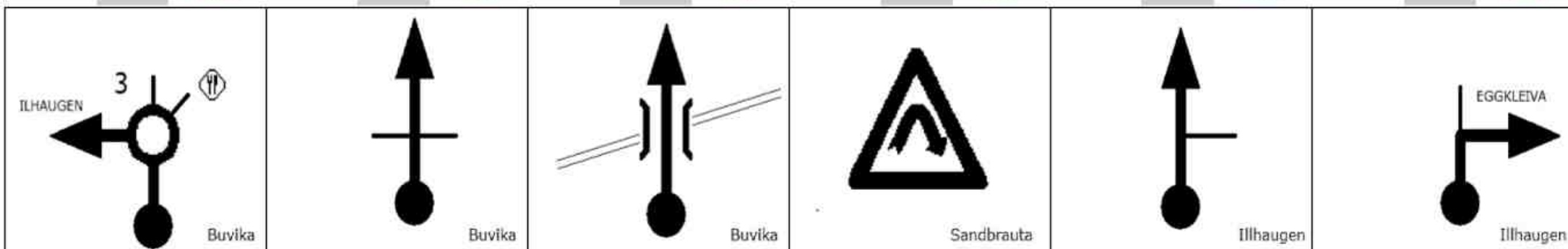
WP 133

TOT 210.0

+ 0.3

WP 134

TOT 210.3



+ 0.0

WP 135

TOT 210.3

+ 0.5

WP 136

TOT 210.8

+ 0.3

WP 137

TOT 211.1

+ 0.9

WP 138

TOT 212.0

+ 0.4

WP 139

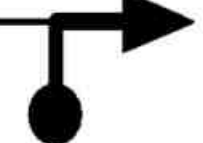
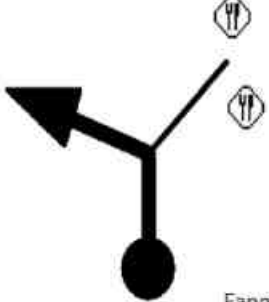
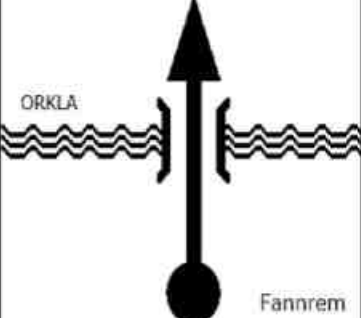
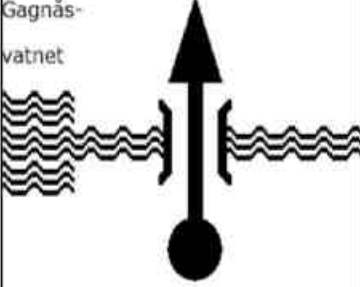
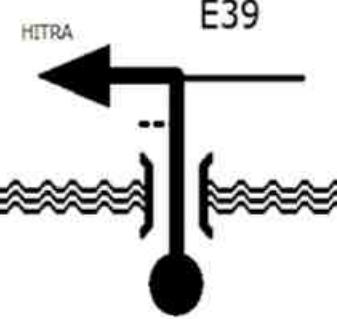
TOT 212.4

+ 0.3

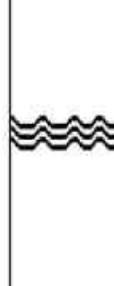
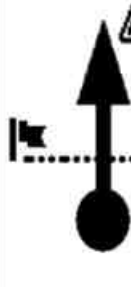
WP 140

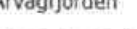
TOT 212.7

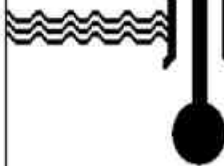
 Illhaugen	 Illhaugen	 	 	 Eggkleiva	 FOKSET Eggkleiva												
+ 0.1	WP 141	TOT 212.8	+ 0.3	WP 142	TOT 213.1	+ 1.6	WP 143	TOT 214.7	+ 2.3	WP 144	TOT 217.0	+ 1.4	WP 145	TOT 218.4	+ 0.8	WP 146	TOT 219.2
 Eggkleiva	 Eggan	 FANNREM Jären	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
+ 0.1	WP 147	TOT 219.3	+ 2.4	WP 148	TOT 221.7	+ 1.8	WP 149	TOT 223.5	+ 0.3	WP 150	TOT 223.8	+ 0.4	WP 151	TOT 224.2	+ 0.6	WP 152	TOT 224.8
+ 0.7	WP 153	TOT 225.5	+ 3.2	WP 154	TOT 228.7	+ 1.2	WP 155	TOT 229.9	+ 1.3	WP 156	TOT 231.2	+ 0.4	WP 157	TOT 231.6	+ 0.2	WP 158	TOT 231.8

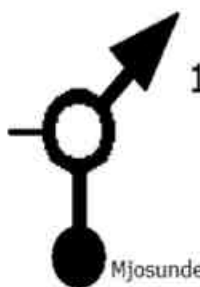
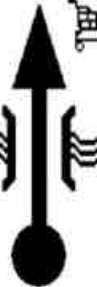
		 Fannrem	 Fannrem	 Fannrem	 Fannrem
+ 0.4 WP 159 TOT 232.2	+ 0.5 WP 160 TOT 232.7	+ 0.8 WP 161 TOT 233.5	+ 0.8 WP 162 TOT 234.3	+ 0.1 WP 163 TOT 234.4	+ 0.5 WP 164 TOT 234.9
 Fannrem	 Fannrem	 Fannrem		 HITRA	
+ 0.2 WP 165 TOT 235.1	+ 0.1 WP 166 TOT 235.2	+ 0.0 WP 167 TOT 235.2	+ 1.5 WP 168 TOT 236.7	+ 0.6 WP 169 TOT 237.3	+ 3.9 WP 170 TOT 241.2
 Ustjären	 Gagnåsvatnet	 HITRA E39	 Orkdal	 Orkdal	
+ 1.1 WP 171 TOT 242.3	+ 1.5 WP 172 TOT 243.8	+ 0.1 WP 173 TOT 243.9	+ 1.4 WP 174 TOT 245.3	+ 1.5 WP 175 TOT 246.8	+ 1.1 WP 176 TOT 247.9

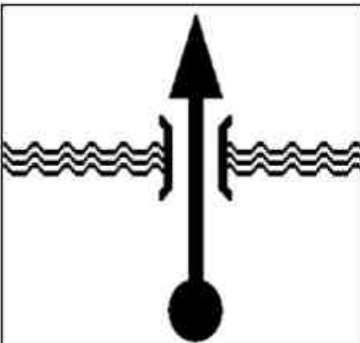
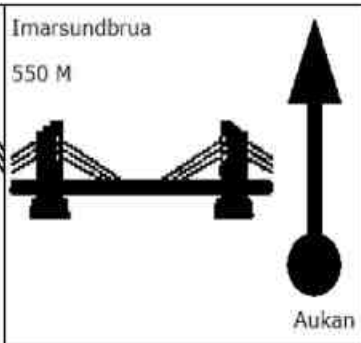
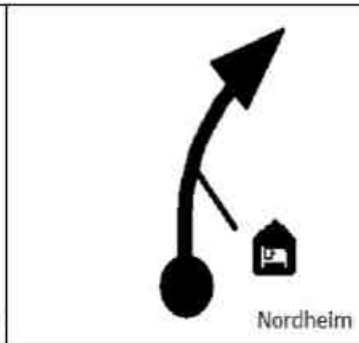
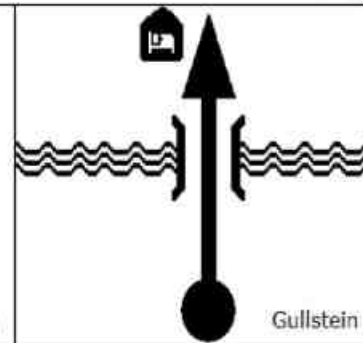
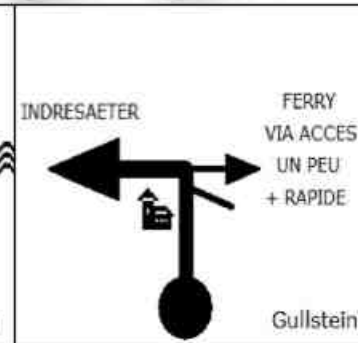
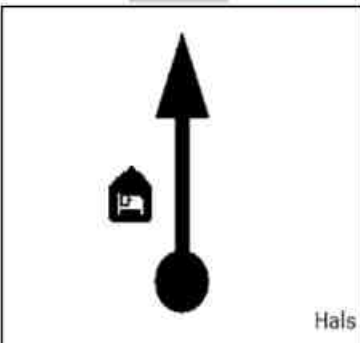
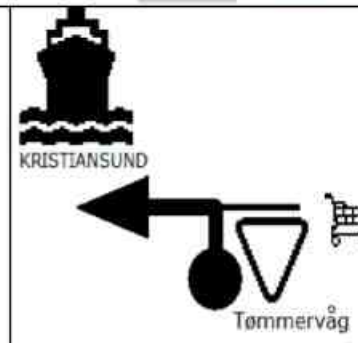
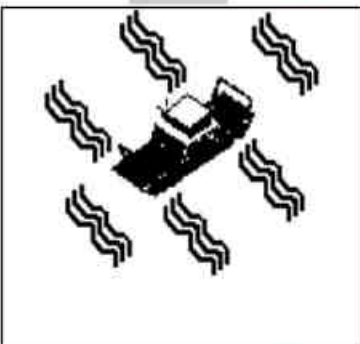
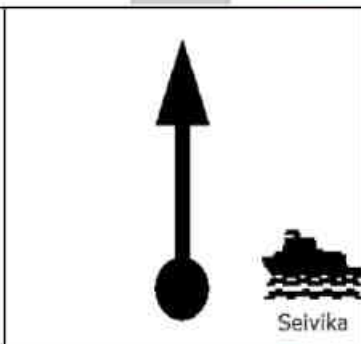
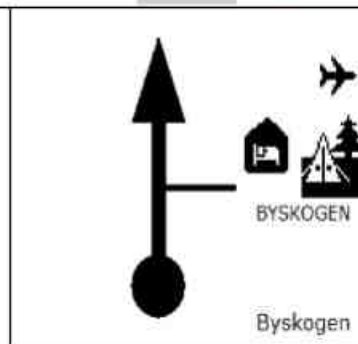
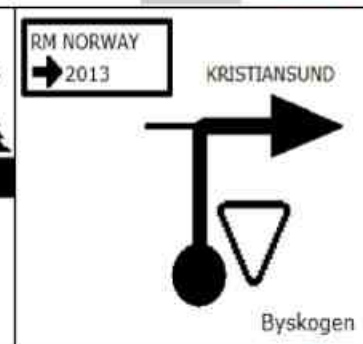
+ 0.5	+ 0.1	+ 0.5	+ 4.6	+ 0.8	+ 1.4
WP 177	WP 178	WP 179	WP 180	WP 181	WP 182
TOT 248.4	TOT 248.5	TOT 249.0	TOT 253.6	TOT 254.4	TOT 255.8
Våvatn	Våvatn	Våvatn	Våvatn	Våvatn	Våvatn
+ 1.8	+ 3.5	+ 0.9	+ 5.4	+ 1.7	+ 4.2
WP 183	WP 184	WP 185	WP 186	WP 187	WP 188
TOT 257.6	TOT 261.1	TOT 262.0	TOT 267.4	TOT 269.1	TOT 273.3
Ytre Snillfjord	Ytre Snillfjord	Ytre Snillfjord	Ytre Snillfjord	Ytre Snillfjord	Holla
+ 1.1	+ 0.1	+ 1.2	+ 1.3	+ 3.4	+ 1.4
WP 189	WP 190	WP 191	WP 192	WP 193	WP 194
TOT 274.4	TOT 274.5	TOT 275.7	TOT 277.0	TOT 280.4	TOT 281.8

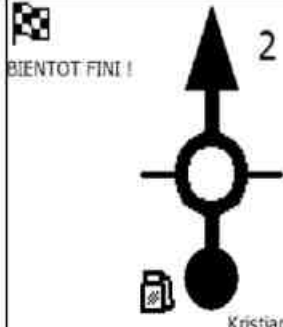
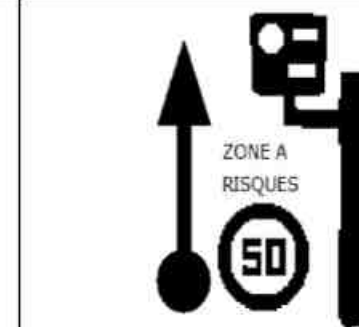
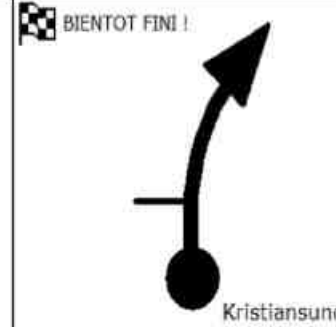
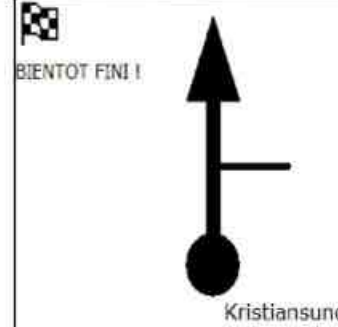
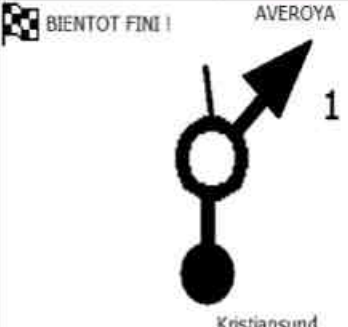
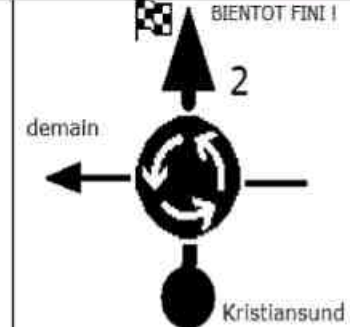
 Holla	 Holla	 Kyrksæterøra	 Kyrksæterøra	 Kyrksæterøra	 Kyrksæterøra AURE
+ 2.8 WP 195 TOT 284.6	+ 0.3 WP 196 TOT 284.9	+ 3.8 WP 197 TOT 288.7	+ 0.5 WP 198 TOT 289.2	+ 0.5 WP 199 TOT 289.7	+ 0.3 WP 200 TOT 290.0
 Kyrksæterøra SKOGRAND	 Kyrksæterøra	 NESVATNET	 Svanem BELSVIK HEMME	 Svanem	 Svanem SVANEMSVATNET
+ 0.3 WP 201 TOT 290.3	+ 0.7 WP 202 TOT 291.0	+ 9.6 WP 203 TOT 300.6	+ 3.7 WP 204 TOT 304.3	+ 0.3 WP 205 TOT 304.6	+ 1.1 WP 206 TOT 305.7
 LANGVATNET	 LANGVATNET	 Comtê de Møre og Romsdal Comtê de Trøndelag	 Comtê de Møre og Romsdal Comtê de Trøndelag	 Årvåg	 Årvåg
+ 1.6 WP 207 TOT 307.3	+ 1.5 WP 208 TOT 308.8	+ 2.8 WP 209 TOT 311.6	+ 0.8 WP 210 TOT 312.4	+ 1.1 WP 211 TOT 313.5	+ 0.9 WP 212 TOT 314.4

 Årvåg fjorden  Årvåg	  Stemshaug	  Stemshaug	 Mælan	 Mælan	 INFO SUR 2KM BIENTOT FERRY !!!  TOMMERVAG-SEIVIKA DUREE DE LA TRAVERSEE : 25 MIN. Départs TOUTES LES 1/2 HEURES de 5h30 à 23h00
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 KRISTIANSUND 1 Våg	Aursundbrua 486 M  Aure	Valatunnelen 303m  Aure	 Aure	 Aure	Mjosundbrua 346 M  Mjosundet												
+ 5.6	WP 219	TOT 334.7	+ 1.7	WP 220	TOT 336.4	+ 0.5	WP 221	TOT 336.9	+ 0.6	WP 222	TOT 337.5	+ 0.4	WP 223	TOT 337.9	+ 1.6	WP 224	TOT 339.5

 KRISTIANSUND 1 Mjosundet	 Mjosundet	 Foldfjorden	 Sagvågen	 Vinsternes	 NOTHAUGEN												
+ 0.3	WP 225	TOT 339.8	+ 0.8	WP 226	TOT 340.6	+ 4.4	WP 227	TOT 345.0	+ 0.5	WP 228	TOT 345.5	+ 3.1	WP 229	TOT 348.6	+ 2.1	WP 230	TOT 350.7

	Imarsundbrua 550 M		Aukan		Nordheim		Nordheim		Gullstein		INDRESAETER	FERRY VIA ACCES UN PEU + RAPIDE	Gullstein				
+ 2.5	WP 231	TOT 353.2	+ 0.9	WP 232	TOT 354.1	+ 1.8	WP 233	TOT 355.9	+ 1.1	WP 234	TOT 357.0	+ 2.0	WP 235	TOT 359.0	+ 0.6	WP 236	TOT 359.6
	Hals				Tømmervåg		KRISTIANSUND		Tømmervåg		TARIF 2016 7 €	Départs TOUTES LES 1/2 HEURES	Embarquement pour SEIVIKA. Bonne traversée !				
+ 6.8	WP 237	TOT 366.4	+ 6.4	WP 238	TOT 372.8	+ 3.8	WP 239	TOT 376.6	+ 1.1	WP 240	TOT 377.7	+ 0.1	WP 241	TOT 377.8	+ 0.2	WP 242	TOT 378.0
			Seivika		Seivika		Byskogen		KRISTIANSUND		AEROPORT KRISTIANSUND						
+ 0.1	WP 243	TOT 378.1	+ 7.0	WP 244	TOT 385.1	+ 0.8	WP 245	TOT 385.9	+ 1.7	WP 246	TOT 387.6	+ 0.7	WP 247	TOT 388.3	+ 0.2	WP 248	TOT 388.5

 2 Byskogen	 BIENTOT FINI ! 2 Kristiansund	 ZONE A RISQUES 50	 BIENTOT FINI ! Kristiansund	 BIENTOT FINI ! Kristiansund	 BIENTOT FINI ! Kristiansund												
+ 0.1	WP 249	TOT 388.6	+ 1.0	WP 250	TOT 389.6	+ 0.1	WP 251	TOT 389.7	+ 0.4	WP 252	TOT 390.1	+ 0.1	WP 253	TOT 390.2	+ 0.6	WP 254	TOT 390.8
 BIENTOT FINI ! SENTRUM 1 Kristiansund	 BIENTOT FINI ! Kristiansund	 BIENTOT FINI ! AVEROYA 1 Kristiansund	 BIENTOT FINI ! 1 Kristiansund	 BIENTOT FINI ! 2 Kristiansund	 BIENTOT FINI ! Kristiansund												
+ 0.6	WP 255	TOT 391.4	+ 0.3	WP 256	TOT 391.7	+ 1.4	WP 257	TOT 393.1	+ 0.3	WP 258	TOT 393.4	+ 0.2	WP 259	TOT 393.6	+ 0.2	WP 260	TOT 393.8
 BIENTOT FINI ! Kristiansund	 FIN Kristiansund	 Finish ATLANTEN CAMPING Bon Repos ! www.rando-moto.be															
+ 0.3	WP 261	TOT 394.1	+ 0.1	WP 262	TOT 394.2	+ 0.1	WP 263	TOT 394.3	+	WP	TOT	+	WP	TOT	+	WP	TOT