

 vous présente le retour du PARIS - NORDKAPP 2026   CLICK →OK	MARDI 14 juillet 2026 561 km RM SKIBOTN - FREDVANG CLICK →OK JOUR 2/11	Rando-Moto.be se rétracte de tout incident qui pourrait se dérouler durant ce voyage. PRESS →OK =  ACCORD Soyez prudents, ne faites pas la course, respectez les limitations. AUX AUTOS LA FAUNE !	Dans plusieurs régions de Norvège, des rennes et des élan peuvent apparaître sur votre route ... PRUDENCE !!!   CLICK →OK	DEPART BONNE ROUTE !   Skibotn	E6   Skibotn
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+	WP	TOT	+	WP	TOT	+	WP	TOT	+	WP	TOT	+0.0	WP 1	TOT 0.0	+0.1	WP 2	TOT 0.1
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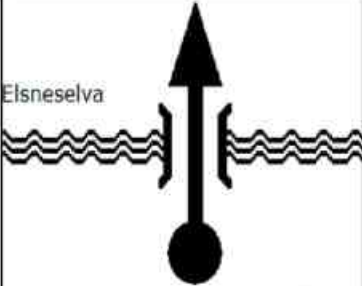
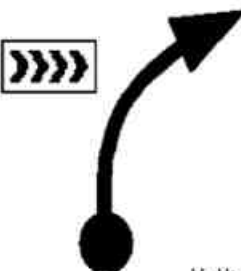
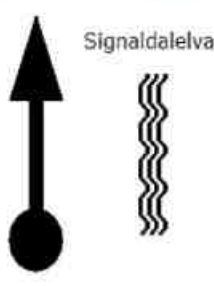
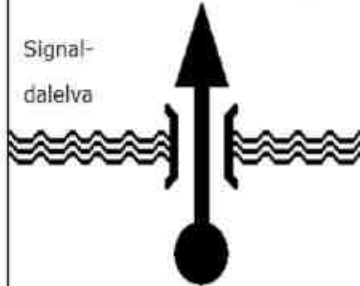
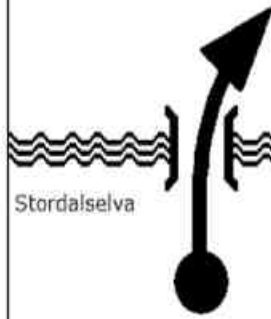
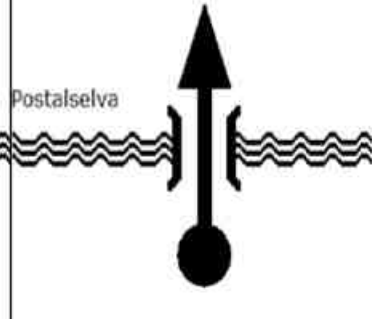
 Skibotn	 Olderelv Skibotn	Gobijohka  Apaja	 Apaja	 Apaja	E6 E8  Apaja
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+0.5	WP 3	TOT 0.6	+1.2	WP 4	TOT 1.8	+0.3	WP 5	TOT 2.1	+0.3	WP 6	TOT 2.4	+0.5	WP 7	TOT 2.9	+0.3	WP 8	TOT 3.2
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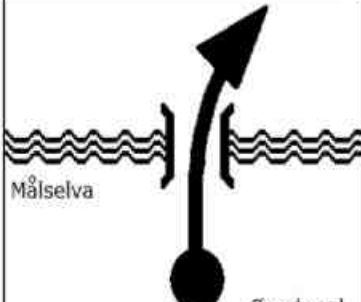
 	Ivgojohka  	 	 	 	 
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+0.7	WP 9	TOT 3.9	+0.3	WP 10	TOT 4.2	+0.3	WP 11	TOT 4.5	+2.5	WP 12	TOT 7.0	+1.2	WP 13	TOT 8.2	+3.5	WP 14	TOT 11.7
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 + 3.7 WP 15 TOT 15.4	 + 1.1 WP 16 TOT 16.5	 + 2.3 WP 17 TOT 18.8	 + 5.4 WP 18 TOT 24.2	 + 0.8 WP 19 TOT 25.0	 + 0.7 WP 20 TOT 25.7
 + 0.4 WP 21 TOT 26.1	 + 0.4 WP 22 TOT 26.5	 + 0.3 WP 23 TOT 26.8	 + 0.7 WP 24 TOT 27.5	 + 0.3 WP 25 TOT 27.8	 + 0.2 WP 26 TOT 28.0
 + 0.6 WP 27 TOT 28.6	 + 2.1 WP 28 TOT 30.7	 + 3.6 WP 29 TOT 34.3	 + 3.0 WP 30 TOT 37.3	 + 2.6 WP 31 TOT 39.9	 + 3.4 WP 32 TOT 43.3

+1.2 WP 33 TOT 44.5	+2.9 WP 34 TOT 47.4	+2.5 WP 35 TOT 49.9	+1.1 WP 36 TOT 51.0	+4.4 WP 37 TOT 55.4	+0.1 WP 38 TOT 55.5
+1.9 WP 39 TOT 57.4	+2.0 WP 40 TOT 59.4	+2.2 WP 41 TOT 61.6	+0.7 WP 42 TOT 62.3	+0.5 WP 43 TOT 62.8	+1.3 WP 44 TOT 64.1
+0.9 WP 45 TOT 65.0	+2.0 WP 46 TOT 67.0	+0.5 WP 47 TOT 67.5	+1.4 WP 48 TOT 68.9	+0.7 WP 49 TOT 69.6	+1.1 WP 50 TOT 70.7

			 Øverbygd	 Målselva Øverbygd	 Øverbygd Skjold
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+ 0.3

WP 51

TOT 71.0

+ 0.5

WP 52

TOT 71.5

+ 0.2

WP 53

TOT 71.7

+ 1.8

WP 54

TOT 73.5

+ 0.3

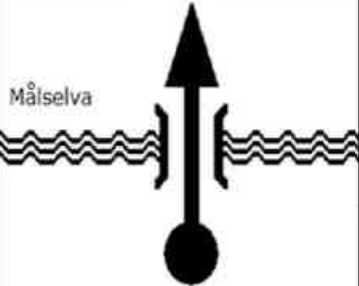
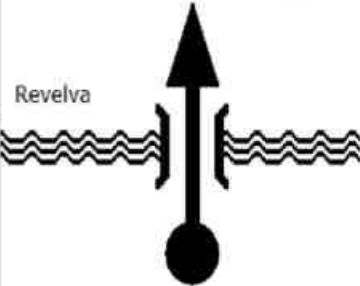
WP 55

TOT 73.8

+ 0.4

WP 56

TOT 74.2

 Øverbygd		 Målselva			 Revelva
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+ 0.5

WP 57

TOT 74.7

+ 1.7

WP 58

TOT 76.4

+ 0.1

WP 59

TOT 76.5

+ 0.1

WP 60

TOT 76.6

+ 2.1

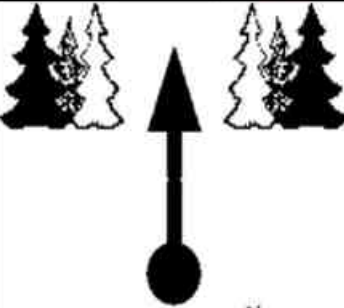
WP 61

TOT 78.7

+ 2.4

WP 62

TOT 81.1

	 Alapmoen	 Alapmoen			
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+ 0.7

WP 63

TOT 81.8

+ 5.5

WP 64

TOT 87.3

+ 1.4

WP 65

TOT 88.7

+ 2.5

WP 66

TOT 91.2

+ 0.7

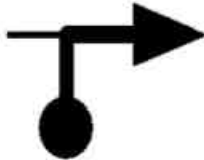
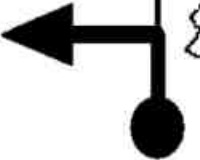
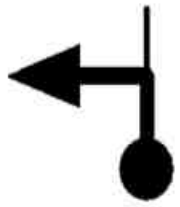
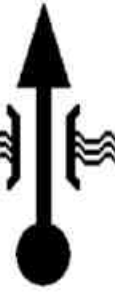
WP 67

TOT 91.9

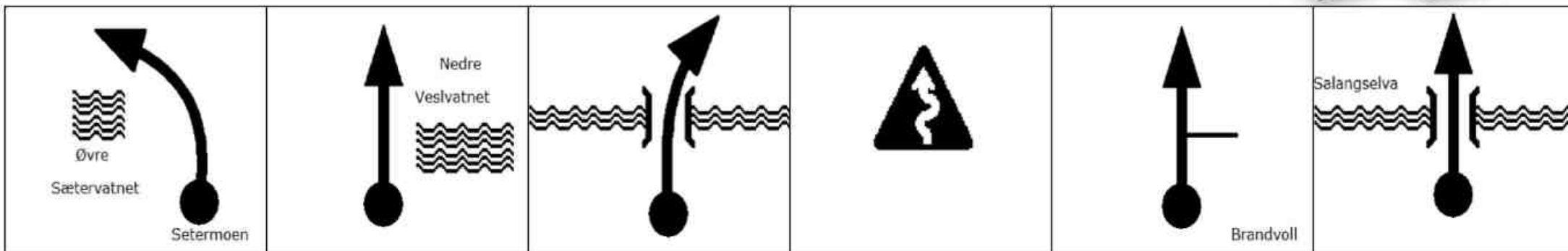
+ 1.4

WP 68

TOT 93.3

 Fv171	 Fv87 Rundhaug	 Geadgeseatnu			 Kjervelva												
+0.6	WP 69	TOT 93.9	+1.2	WP 70	TOT 95.1	+2.3	WP 71	TOT 97.4	+0.7	WP 72	TOT 98.1	+0.8	WP 73	TOT 98.9	+1.2	WP 74	TOT 100.1
	 Grøtte	 Grøtte	 Grøtte														
+0.1	WP 75	TOT 100.2	+2.8	WP 76	TOT 103.0	+0.2	WP 77	TOT 103.2	+0.3	WP 78	TOT 103.5	+2.0	WP 79	TOT 105.5	+0.6	WP 80	TOT 106.1
 ErteKib BIVOUAC Nitrøen	 Nitrøen		 Trail léger E6		 Barduelva												
+2.8	WP 81	TOT 108.9	+0.2	WP 82	TOT 109.1	+1.5	WP 83	TOT 110.6	+2.2	WP 84	TOT 112.8	+0.7	WP 85	TOT 113.5	+1.0	WP 86	TOT 114.5

 Skogsbilveg route forestière																	
+ 3.7	WP 87	TOT 118.2	+ 1.3	WP 88	TOT 119.5	+ 0.9	WP 89	TOT 120.4	+ 1.6	WP 90	TOT 122.0	+ 0.2	WP 91	TOT 122.2	+ 0.2	WP 92	TOT 122.4
E6	Bardueiva																
+ 0.5	WP 93	TOT 122.9	+ 1.0	WP 94	TOT 123.9	+ 1.4	WP 95	TOT 125.3	+ 4.1	WP 96	TOT 129.4	+ 0.6	WP 97	TOT 130.0	+ 0.4	WP 98	TOT 130.4
BARDU																	
+ 0.4	WP 99	TOT 130.8	+ 0.5	WP 100	TOT 131.3	+ 0.9	WP 101	TOT 132.2	+ 0.2	WP 102	TOT 132.4	+ 0.3	WP 103	TOT 132.7	+ 0.5	WP 104	TOT 133.2



+1.4

WP 105

TOT 134.6

+1.5

WP 106

TOT 136.1

+1.2

WP 107

TOT 137.3

+0.4

WP 108

TOT 137.7

+3.6

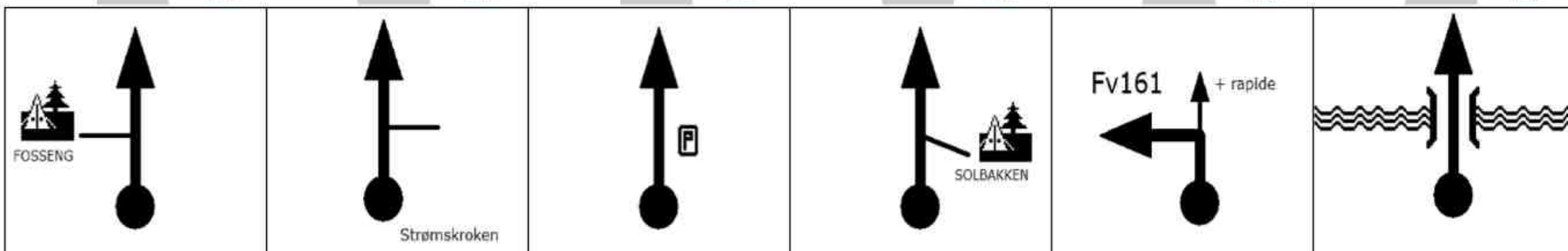
WP 109

TOT 141.3

+1.5

WP 110

TOT 142.8



+2.9

WP 111

TOT 145.7

+1.0

WP 112

TOT 146.7

+2.1

WP 113

TOT 148.8

+4.4

WP 114

TOT 153.2

+1.0

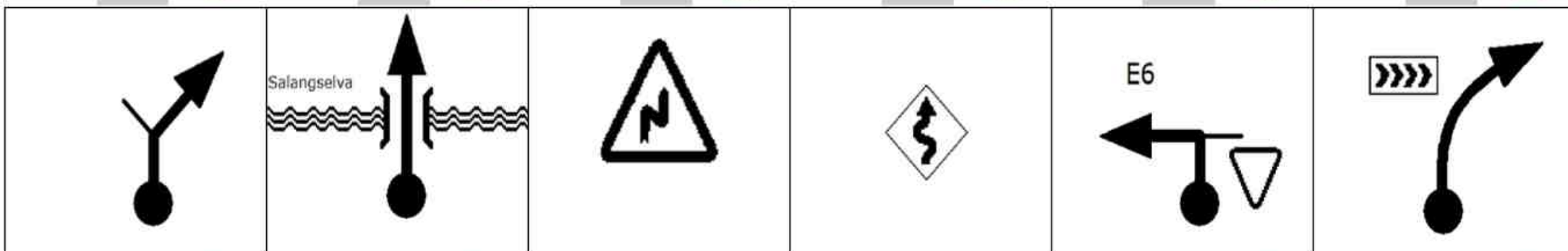
WP 115

TOT 154.2

+0.1

WP 116

TOT 154.3



+2.1

WP 117

TOT 156.4

+0.0

WP 118

TOT 156.4

+0.3

WP 119

TOT 156.7

+1.3

WP 120

TOT 158.0

+0.1

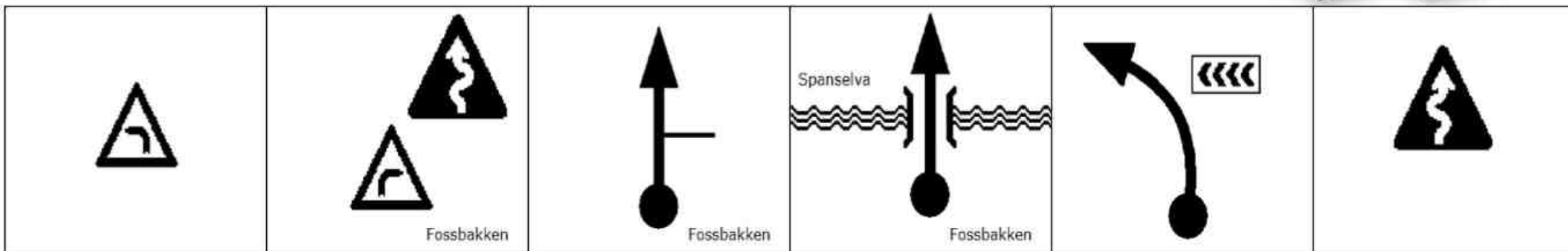
WP 121

TOT 158.1

+0.4

WP 122

TOT 158.5



+ 0.8

WP 123

TOT 159.3

+ 0.7

WP 124

TOT 160.0

+ 2.8

WP 125

TOT 162.8

+ 0.2

WP 126

TOT 163.0

+ 0.4

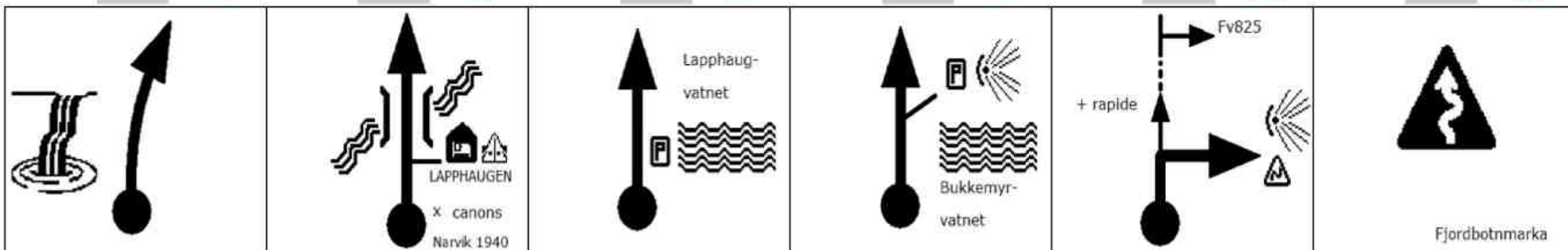
WP 127

TOT 163.4

+ 0.8

WP 128

TOT 164.2



+ 0.8

WP 129

TOT 165.0

+ 1.2

WP 130

TOT 166.2

+ 0.8

WP 131

TOT 167.0

+ 2.8

WP 132

TOT 169.8

+ 1.7

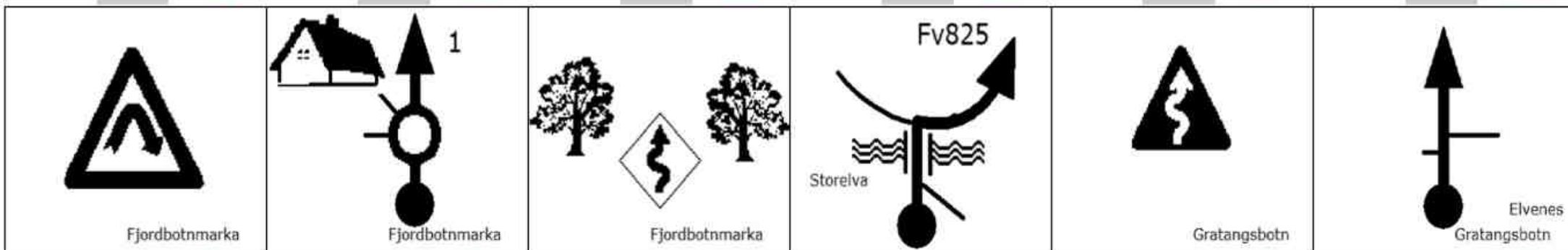
WP 133

TOT 171.5

+ 0.3

WP 134

TOT 171.8



+ 0.9

WP 135

TOT 172.7

+ 1.0

WP 136

TOT 173.7

+ 1.6

WP 137

TOT 175.3

+ 1.4

WP 138

TOT 176.7

+ 0.2

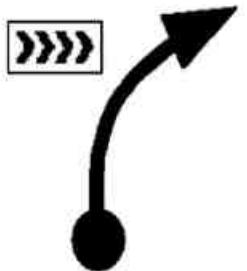
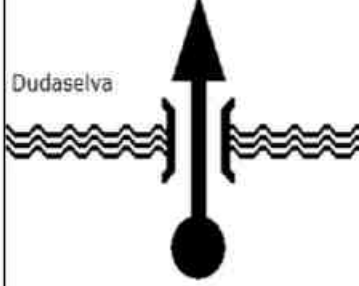
WP 139

TOT 176.9

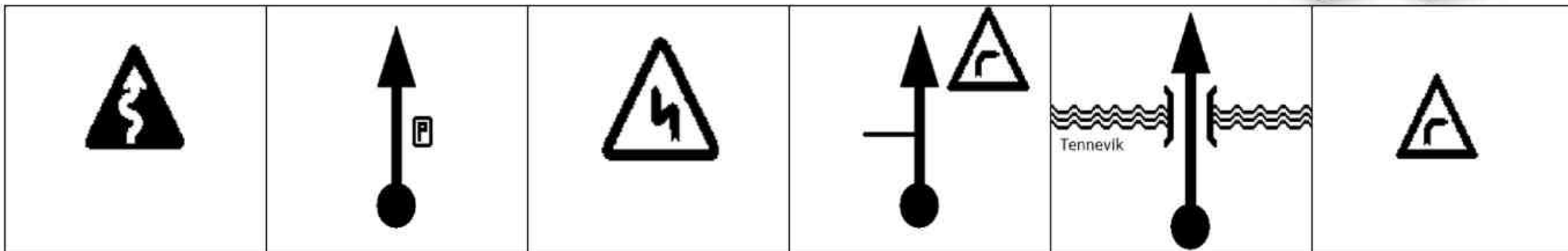
+ 1.8

WP 140

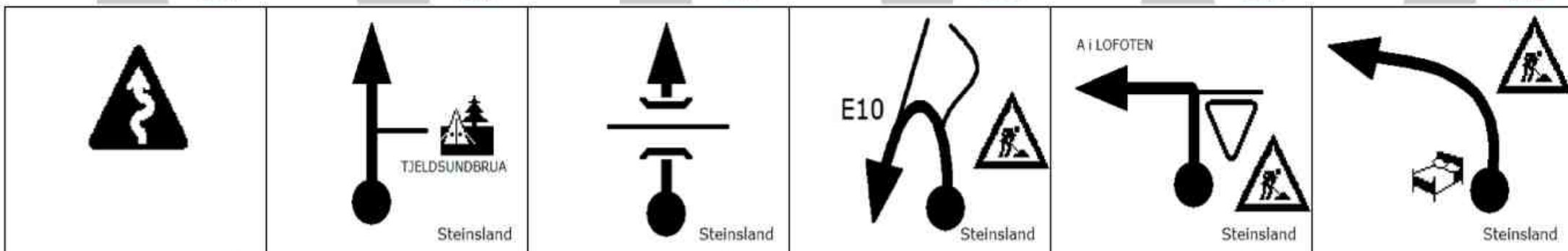
TOT 178.7

 Elvenes Gratangsbotn	 	 Straumsnes	 Gratangen	 Laberget	
+ 0.4 WP 141 TOT 179.1	+ 4.4 WP 142 TOT 183.5	+ 0.3 WP 143 TOT 183.8	+ 0.4 WP 144 TOT 184.2	+ 2.0 WP 145 TOT 186.2	+ 0.2 WP 146 TOT 186.4
 	 	 Dudaselva Foldvik	 Foldvik	 Foldvik	 Tjuvskjeret
+ 1.5 WP 147 TOT 187.9	+ 0.4 WP 148 TOT 188.3	+ 1.0 WP 149 TOT 189.3	+ 0.8 WP 150 TOT 190.1	+ 0.5 WP 151 TOT 190.6	+ 3.1 WP 152 TOT 193.7
  	 Hilleshamn	 Hilleshamn	 	 Grov	 Grov
+ 4.7 WP 153 TOT 198.4	+ 2.2 WP 154 TOT 200.6	+ 1.0 WP 155 TOT 201.6	+ 6.2 WP 156 TOT 207.8	+ 3.9 WP 157 TOT 211.7	+ 1.1 WP 158 TOT 212.8

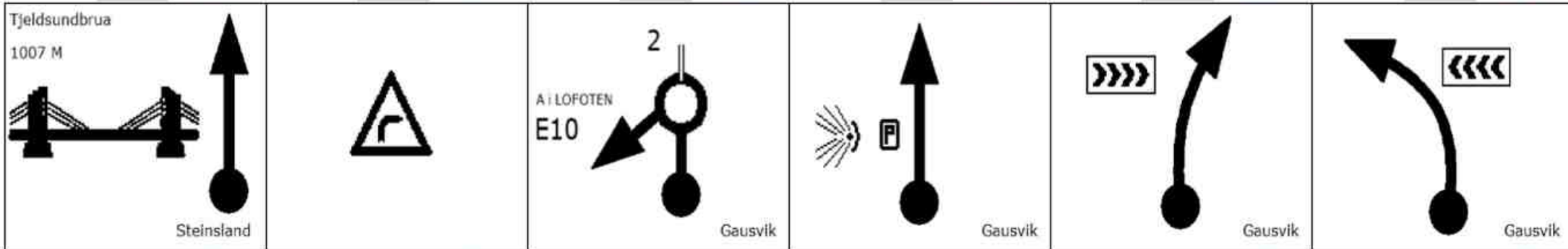
roadbooks RM Scandinavie 2016 Fv825 Grov	roadbooks RM Scandinavie 2016 Grov	RM Scandinavie 2016 HARSTAD Miklevoll		TOR BORRE PETTERSEN Balteskardet	Balteskardet												
+ 0.4	WP 159	TOT 213.2	+ 0.2	WP 160	TOT 213.4	+ 0.2	WP 161	TOT 213.6	+ 0.5	WP 162	TOT 214.1	+ 2.9	WP 163	TOT 217.0	+ 0.5	WP 164	TOT 217.5
	Rensåelva		Point le plus au NORD Scandinavie 2016 739km au S-O du Cap-Nord 68°41' Tovik	RETOUR VERS LA B MAIS D'ABORD LE PLUS BEAU DU VOYAGE ... LOL Tovik	Tovik												
+ 1.6	WP 165	TOT 219.1	+ 1.7	WP 166	TOT 220.8	+ 1.3	WP 167	TOT 222.1	+ 1.8	WP 168	TOT 223.9	+ 0.5	WP 169	TOT 224.4	+ 2.2	WP 170	TOT 226.6
ANDFJORDEN MER DE NORVEGE Tovik	Tovik	Sandstrand	Sandstrand	Sandstrand	Sandstrand												
+ 0.2	WP 171	TOT 226.8	+ 1.3	WP 172	TOT 228.1	+ 2.1	WP 173	TOT 230.2	+ 0.3	WP 174	TOT 230.5	+ 0.8	WP 175	TOT 231.3	+ 1.7	WP 176	TOT 233.0



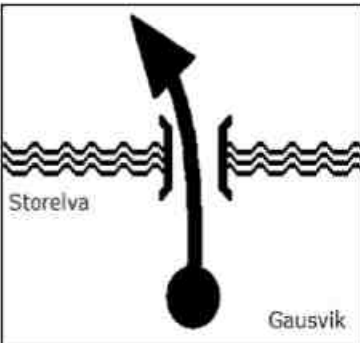
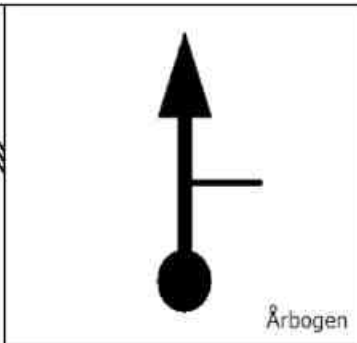
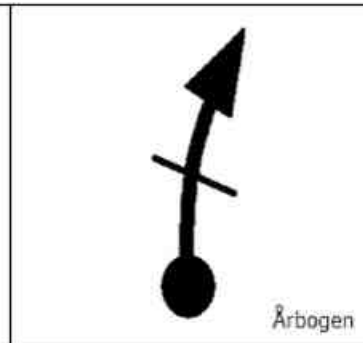
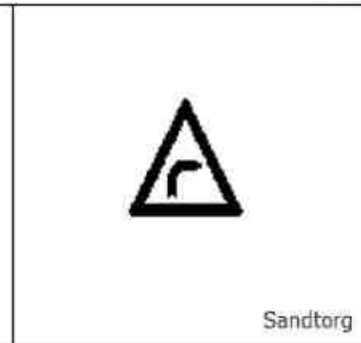
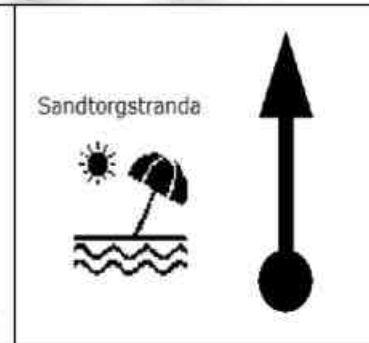
+ 0.4	WP 177	TOT 233.4	+ 0.3	WP 178	TOT 233.7	+ 0.4	WP 179	TOT 234.1	+ 1.7	WP 180	TOT 235.8	+ 0.1	WP 181	TOT 235.9	+ 0.3	WP 182	TOT 236.2
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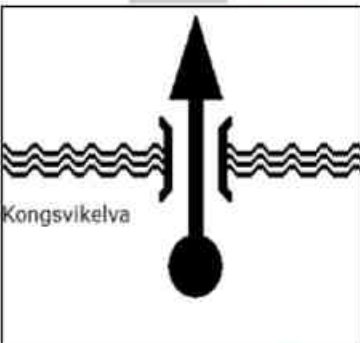
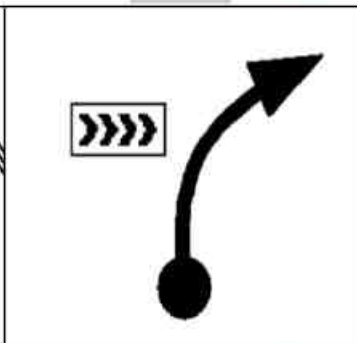
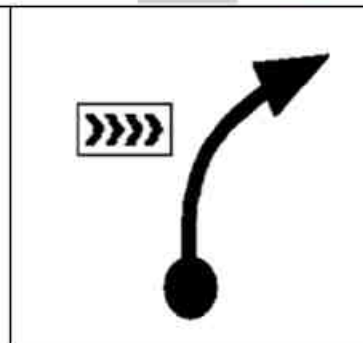
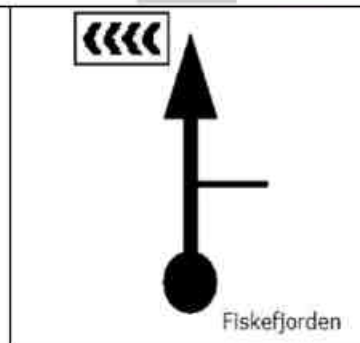
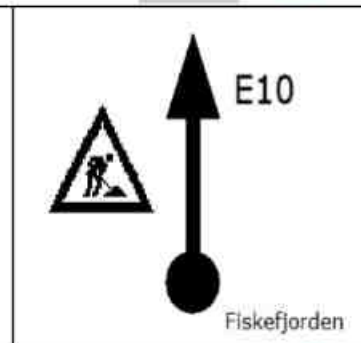
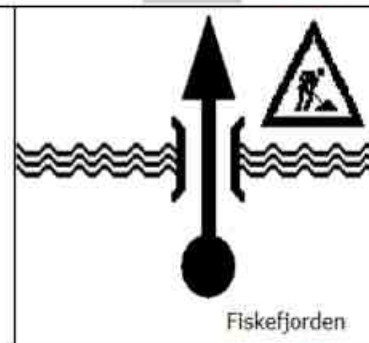
+ 3.3	WP 183	TOT 239.5	+ 3.0	WP 184	TOT 242.5	+ 0.5	WP 185	TOT 243.0	+ 0.6	WP 186	TOT 243.6	+ 0.1	WP 187	TOT 243.7	+ 0.5	WP 188	TOT 244.2
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+ 0.3	WP 189	TOT 244.5	+ 0.9	WP 190	TOT 245.4	+ 0.5	WP 191	TOT 245.9	+ 2.1	WP 192	TOT 248.0	+ 0.9	WP 193	TOT 248.9	+ 0.5	WP 194	TOT 249.4
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+ 1.2	WP 195	TOT 250.6	+ 3.2	WP 196	TOT 253.8	+ 0.9	WP 197	TOT 254.7	+ 0.7	WP 198	TOT 255.4	+ 0.4	WP 199	TOT 255.8	+ 0.7	WP 200	TOT 256.5

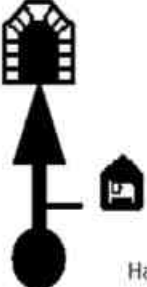
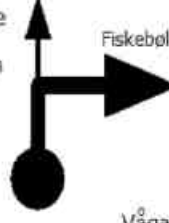
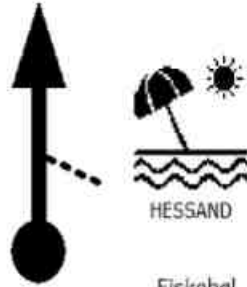
SITUATION DES ILES, JUSTE POUR INFO ! 																	
+ 4.2	WP 201	TOT 260.7	+ 3.7	WP 202	TOT 264.4	+ 0.6	WP 203	TOT 265.0	+ 1.2	WP 204	TOT 266.2	+ 1.0	WP 205	TOT 267.2	+ 0.1	WP 206	TOT 267.3

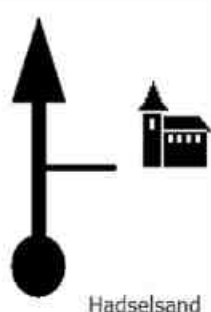
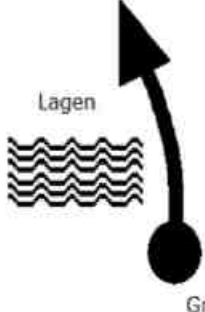
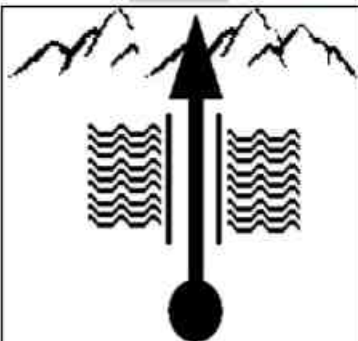
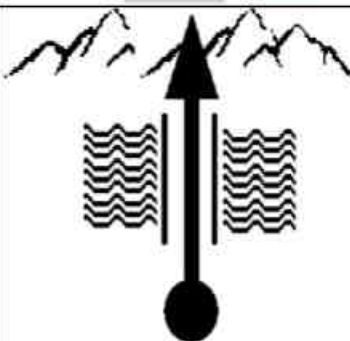
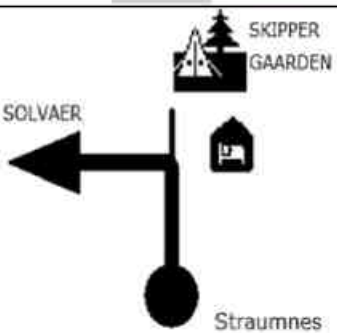
																	
+ 0.5	WP 207	TOT 267.8	+ 4.8	WP 208	TOT 272.6	+ 0.9	WP 209	TOT 273.5	+ 3.9	WP 210	TOT 277.4	+ 0.5	WP 211	TOT 277.9	+ 0.1	WP 212	TOT 278.0

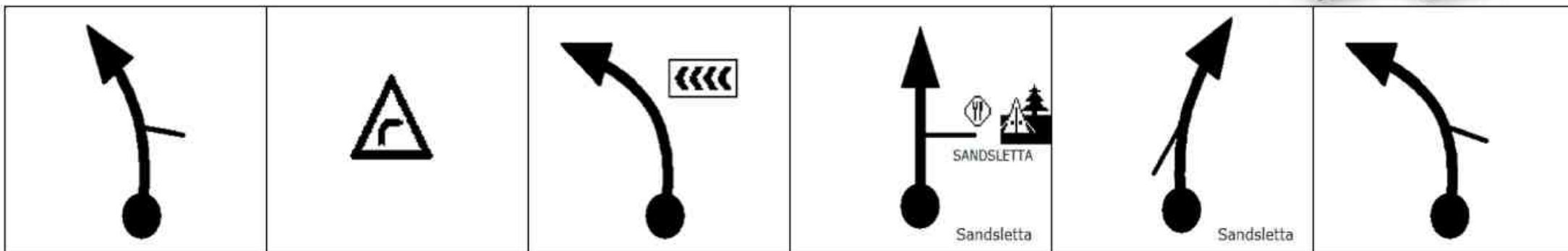
+ 0.1 WP 213 TOT 278.1	+ 1.5 WP 214 TOT 279.6	+ 0.8 WP 215 TOT 280.4	+ 2.7 WP 216 TOT 283.1	+ 1.7 WP 217 TOT 284.8	+ 0.6 WP 218 TOT 285.4
+ 0.7 WP 219 TOT 286.1	+ 1.9 WP 220 TOT 288.0	+ 3.1 WP 221 TOT 291.1	+ 1.1 WP 222 TOT 292.2	+ 0.8 WP 223 TOT 293.0	+ 0.5 WP 224 TOT 293.5
+ 0.6 WP 225 TOT 294.1	+ 0.6 WP 226 TOT 294.7	+ 0.7 WP 227 TOT 295.4	+ 0.7 WP 228 TOT 296.1	+ 0.2 WP 229 TOT 296.3	+ 0.6 WP 230 TOT 296.9

Kanstad Vestre	Kanstad	Innerfjorden	Kanstadbotnen	Pernilsa-vatnet	Heggdalselva Kanstadbotnen												
+ 3.1	WP 231	TOT 300.0	+ 0.2	WP 232	TOT 300.2	+ 3.1	WP 233	TOT 303.3	+ 0.6	WP 234	TOT 303.9	+ 1.1	WP 235	TOT 305.0	+ 1.1	WP 236	TOT 306.1
Changement de comté TROMS NORDLAND	Gulesfjordbotn	Gulesfjordbotn	Gulesfjordbotn	Lakselva Gulesfjordbotn	Lakselva Gulesfjordbotn												
+ 1.9	WP 237	TOT 308.0	+ 0.4	WP 238	TOT 308.4	+ 1.7	WP 239	TOT 310.1	+ 0.9	WP 240	TOT 311.0	+ 1.9	WP 241	TOT 312.9	+ 0.8	WP 242	TOT 313.7
Lakselva	Lakselva	Sørdaistunnelen 6338m Kvæfjord	Kvæfjord	Kvæfjord	Kvæfjord												
+ 0.6	WP 243	TOT 314.3	+ 0.8	WP 244	TOT 315.1	+ 2.0	WP 245	TOT 317.1	+ 6.4	WP 246	TOT 323.5	+ 1.4	WP 247	TOT 324.9	+ 0.6	WP 248	TOT 325.5

			Ingelsfjordtunnelen 1260m Hadsel		
+ 0.2 WP 249 TOT 325.7	+ 0.3 WP 250 TOT 326.0	+ 2.7 WP 251 TOT 328.7	+ 1.7 WP 252 TOT 330.4	+ 2.2 WP 253 TOT 332.6	+ 0.6 WP 254 TOT 333.2
					Raftsundtunnelen 1530m Hadsel
+ 0.4 WP 255 TOT 333.6	+ 1.3 WP 256 TOT 334.9	+ 0.5 WP 257 TOT 335.4	+ 0.9 WP 258 TOT 336.3	+ 0.4 WP 259 TOT 336.7	+ 0.5 WP 260 TOT 337.2
	Raftsundbrua 711 M Hadsel	Hanøyvika	Hanøyvika	Hanøyvika	
+ 1.8 WP 261 TOT 339.0	+ 0.4 WP 262 TOT 339.4	+ 0.6 WP 263 TOT 340.0	+ 1.3 WP 264 TOT 341.3	+ 0.4 WP 265 TOT 341.7	+ 3.0 WP 266 TOT 344.7

Myrlandstunnelen 1910m  Hadsel +3.2 WP 267 TOT 347.9	Falkfjordtunnelen 396m  Hadsel +3.1 WP 268 TOT 351.0	 +2.9 WP 269 TOT 353.9	 +0.8 WP 270 TOT 354.7	Sløverfjordtunnelen 3337m  A DROITE EN SORTANT !!! -112m Hadsel +0.4 WP 271 TOT 355.1	E10 raccourci possible de 33km  Fiskebøl Vågan +3.7 WP 272 TOT 358.8
LAUKVIK  Fiskebøl +1.2 WP 273 TOT 360.0	 Fiskebøl +0.4 WP 274 TOT 360.4	 HESSAND Fiskebøl +1.0 WP 275 TOT 361.4	 STRONSTADVİKA +0.7 WP 276 TOT 362.1	 Strønstad +1.2 WP 277 TOT 363.3	 Strønstad +0.1 WP 278 TOT 363.4
 Strønstad +0.5 WP 279 TOT 363.9	 Sellåter +3.4 WP 280 TOT 367.3	 +1.5 WP 281 TOT 368.8	 Morfjord +1.0 WP 282 TOT 369.8	 Morfjord +0.3 WP 283 TOT 370.1	 KROKELVSTRANDA Sommarhus +3.3 WP 284 TOT 373.4

 Hadselsand	 Hadselsand		 Lagen Grunnfør	 Grunnfør													
+4.1	WP 285	TOT 377.5	+0.2	WP 286	TOT 377.7	+2.7	WP 287	TOT 380.4	+0.6	WP 288	TOT 381.0	+0.4	WP 289	TOT 381.4	+2.1	WP 290	TOT 383.5
	 Storholmen				 Delp												
+0.9	WP 291	TOT 384.4	+0.4	WP 292	TOT 384.8	+0.6	WP 293	TOT 385.4	+0.4	WP 294	TOT 385.8	+0.4	WP 295	TOT 386.2	+0.6	WP 296	TOT 386.8
 Straumnæs	 Straumnæs	 SOLVAER Straumnæs	 Straumnæs		 Laukvik												
+2.2	WP 297	TOT 389.0	+0.2	WP 298	TOT 389.2	+0.3	WP 299	TOT 389.5	+0.2	WP 300	TOT 389.7	+0.3	WP 301	TOT 390.0	+0.5	WP 302	TOT 390.5



+ 2.0

WP 303

TOT 392.5

+ 2.7

WP 304

TOT 395.2

+ 0.9

WP 305

TOT 396.1

+ 0.7

WP 306

TOT 396.8

+ 0.8

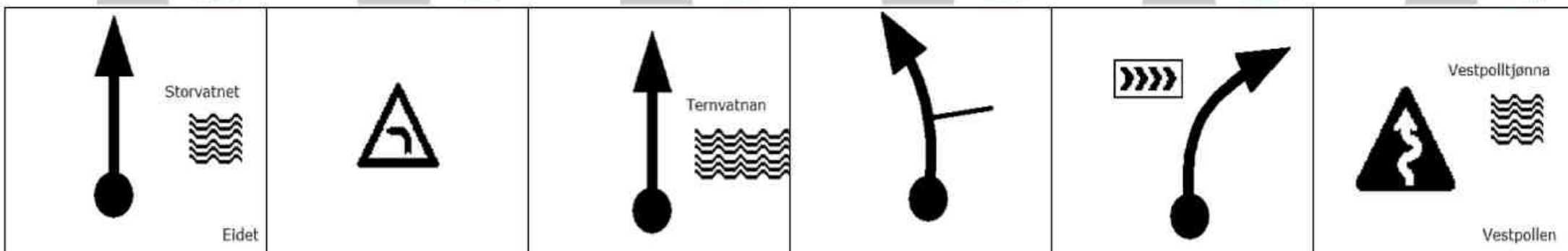
WP 307

TOT 397.6

+ 0.5

WP 308

TOT 398.1



+ 1.3

WP 309

TOT 399.4

+ 1.8

WP 310

TOT 401.2

+ 1.7

WP 311

TOT 402.9

+ 1.5

WP 312

TOT 404.4

+ 0.6

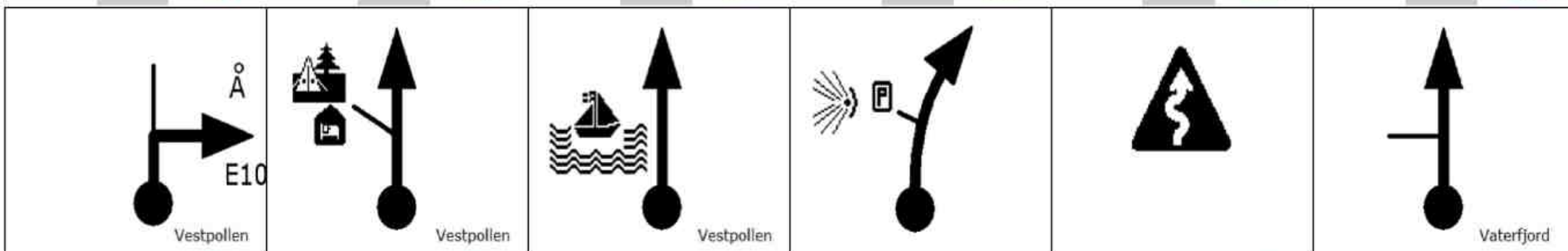
WP 313

TOT 405.0

+ 0.6

WP 314

TOT 405.6



+ 1.1

WP 315

TOT 406.7

+ 0.5

WP 316

TOT 407.2

+ 0.6

WP 317

TOT 407.8

+ 0.8

WP 318

TOT 408.6

+ 1.7

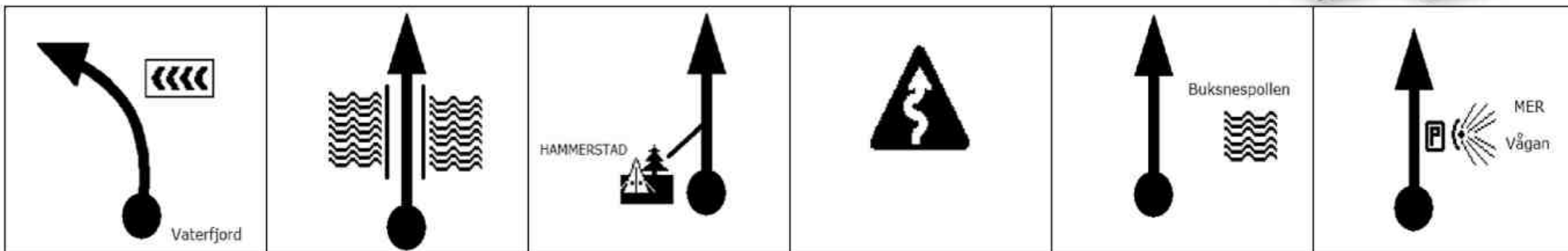
WP 319

TOT 410.3

+ 1.8

WP 320

TOT 412.1



+1.1

WP
321TOT
413.2

+0.2

WP
322TOT
413.4

+0.5

WP
323TOT
413.9

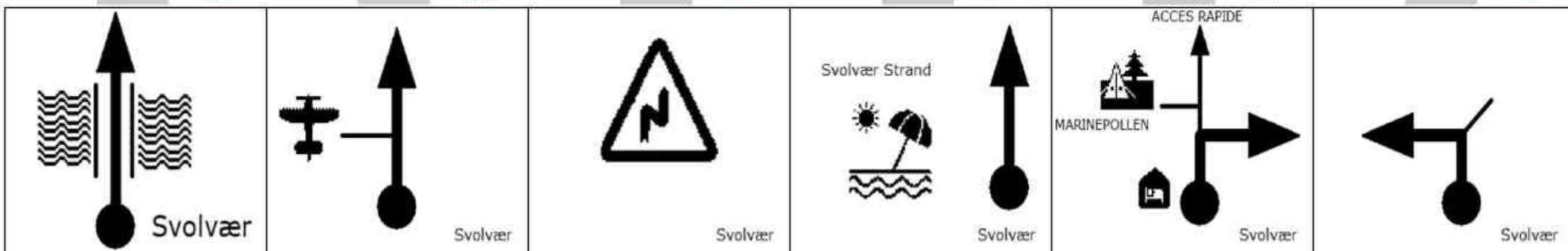
+0.1

WP
324TOT
414.0

+1.6

WP
325TOT
415.6

+0.4

WP
326TOT
416.0

+1.3

WP
327TOT
417.3

+0.2

WP
328TOT
417.5

+1.3

WP
329TOT
418.8

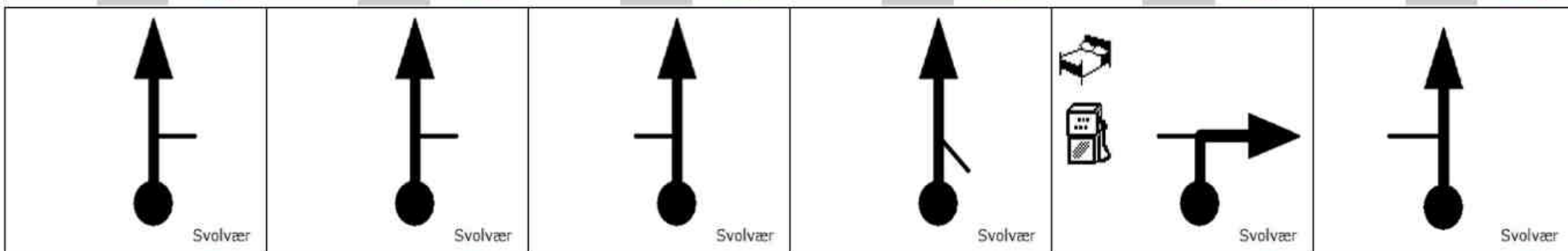
+1.5

WP
330TOT
420.3

+1.2

WP
331TOT
421.5

+0.1

WP
332TOT
421.6

+0.2

WP
333TOT
421.8

+0.1

WP
334TOT
421.9

+0.0

WP
335TOT
421.9

+0.1

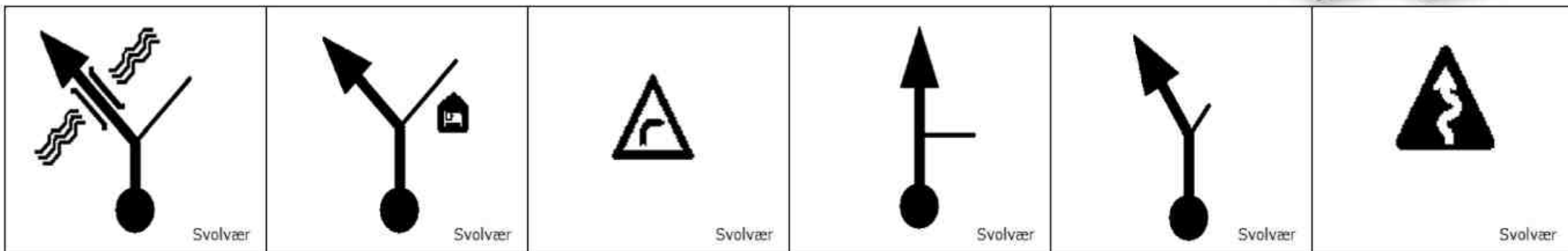
WP
336TOT
422.0

+0.4

WP
337TOT
422.4

+0.3

WP
338TOT
422.7



+ 0.2

WP 339

TOT 422.9

+ 0.2

WP 340

TOT 423.1

+ 0.2

WP 341

TOT 423.3

+ 0.3

WP 342

TOT 423.6

+ 0.2

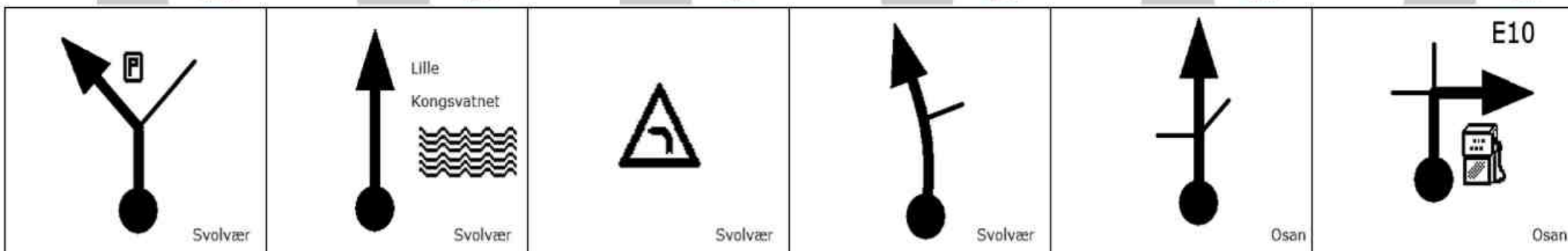
WP 343

TOT 423.8

+ 0.1

WP 344

TOT 423.9



+ 0.4

WP 345

TOT 424.3

+ 0.5

WP 346

TOT 424.8

+ 0.4

WP 347

TOT 425.2

+ 0.2

WP 348

TOT 425.4

+ 0.4

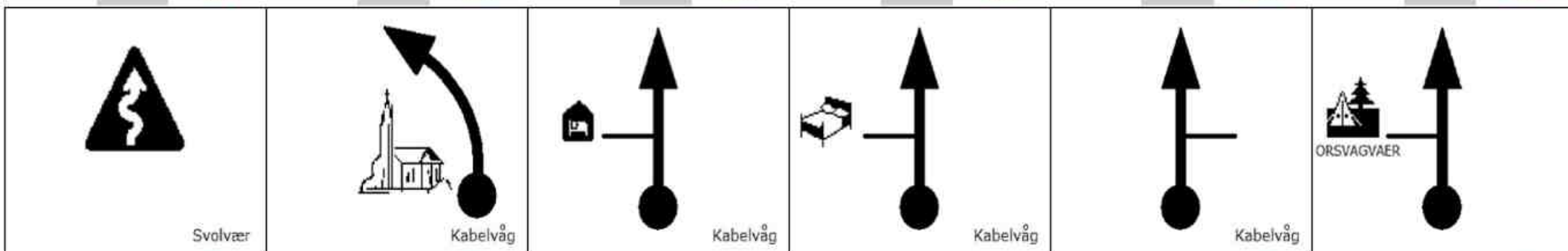
WP 349

TOT 425.8

+ 0.2

WP 350

TOT 426.0



+ 0.9

WP 351

TOT 426.9

+ 2.1

WP 352

TOT 429.0

+ 0.2

WP 353

TOT 429.2

+ 0.3

WP 354

TOT 429.5

+ 0.6

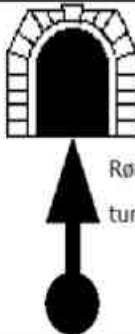
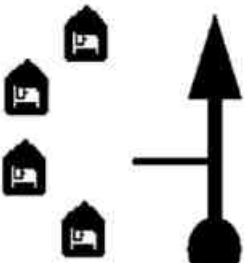
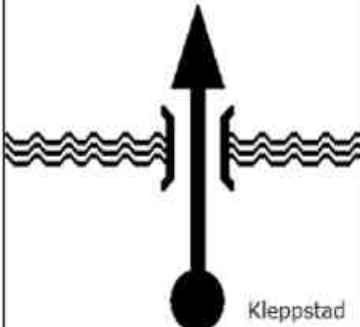
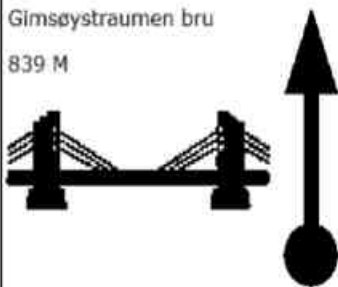
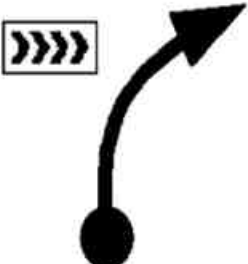
WP 355

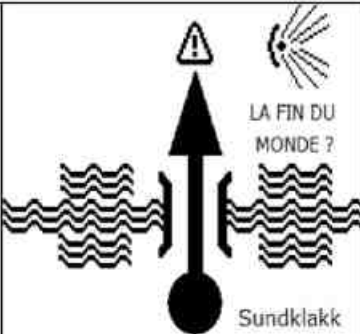
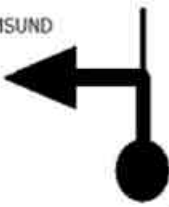
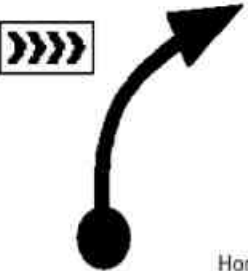
TOT 430.1

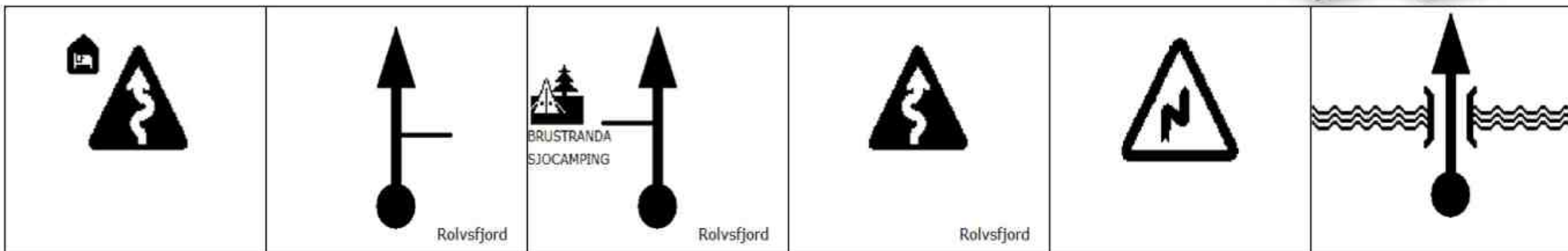
+ 1.4

WP 356

TOT 431.5

			 Scandinavie 2016	 726m Rørvikskar-tunnelen	 Scandinavie 2016
+ 1.0 WP 357 TOT 432.5	+ 0.6 WP 358 TOT 433.1	+ 1.8 WP 359 TOT 434.9	+ 1.4 WP 360 TOT 436.3	+ 1.1 WP 361 TOT 437.4	+ 2.0 WP 362 TOT 439.4
 Rørvik	 Rørvik	 LYNGVÆR	 Lyngvær	 Lyngvær	 Kleppestad
+ 0.6 WP 363 TOT 440.0	+ 0.6 WP 364 TOT 440.6	+ 2.2 WP 365 TOT 442.8	+ 1.2 WP 366 TOT 444.0	+ 1.8 WP 367 TOT 445.8	+ 0.4 WP 368 TOT 446.2
 Kleppestad			 Gimsøystraumen bru 839 M		
+ 0.7 WP 369 TOT 446.9	+ 1.2 WP 370 TOT 448.1	+ 0.2 WP 371 TOT 448.3	+ 0.9 WP 372 TOT 449.2	+ 0.9 WP 373 TOT 450.1	+ 1.6 WP 374 TOT 451.7

 Sundklakk + 2.2 WP 375 TOT 453.9	 Sundklakk + 0.1 WP 376 TOT 454.0	 Sundklakk + 0.3 WP 377 TOT 454.3	 Smorten + 1.3 WP 378 TOT 455.6	 Smorten + 0.5 WP 379 TOT 456.1	 Vikjorda + 3.7 WP 380 TOT 459.8
 Moland + 1.2 WP 381 TOT 461.0	 Horn + 2.3 WP 382 TOT 463.3	 Horn + 0.2 WP 383 TOT 463.5	 Dal + 1.7 WP 384 TOT 465.2	 Skokkelyvika + 1.0 WP 385 TOT 466.2	 Skokkelyvika + 1.5 WP 386 TOT 467.7
 Valberg + 1.6 WP 387 TOT 469.3	 Valberg + 0.5 WP 388 TOT 469.8	 Valberg + 0.7 WP 389 TOT 470.5	 Valberg + 1.1 WP 390 TOT 471.6	 Valberg + 0.5 WP 391 TOT 472.1	 Valberg + 1.0 WP 392 TOT 473.1



+ 1.4

WP 393

TOT 474.5

+ 1.4

WP 394

TOT 475.9

+ 0.1

WP 395

TOT 476.0

+ 0.4

WP 396

TOT 476.4

+ 1.4

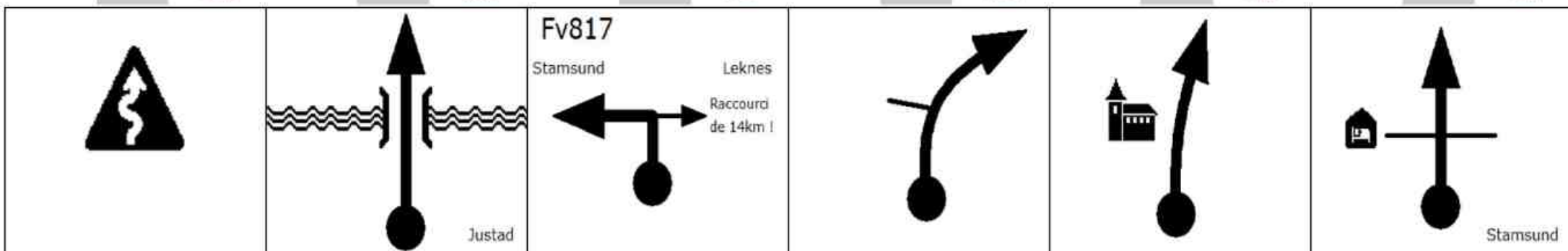
WP 397

TOT 477.8

+ 0.3

WP 398

TOT 478.1



+ 0.8

WP 399

TOT 478.9

+ 4.5

WP 400

TOT 483.4

+ 1.1

WP 401

TOT 484.5

+ 2.9

WP 402

TOT 487.4

+ 0.7

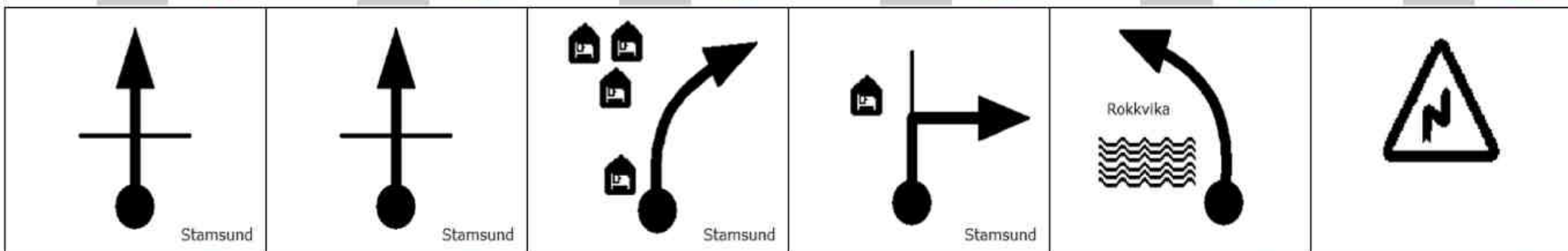
WP 403

TOT 488.1

+ 0.9

WP 404

TOT 489.0



+ 0.2

WP 405

TOT 489.2

+ 0.4

WP 406

TOT 489.6

+ 0.8

WP 407

TOT 490.4

+ 0.7

WP 408

TOT 491.1

+ 0.3

WP 409

TOT 491.4

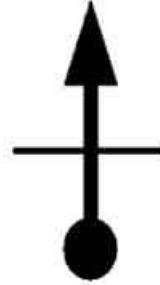
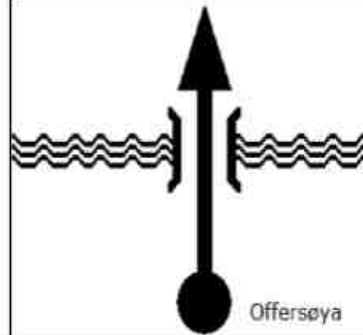
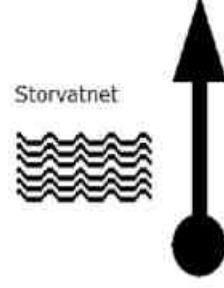
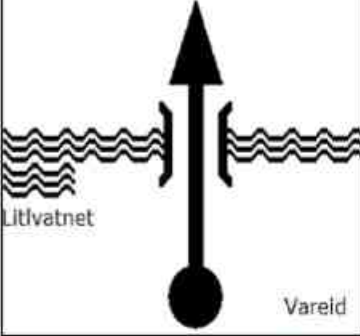
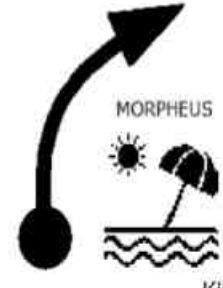
+ 0.6

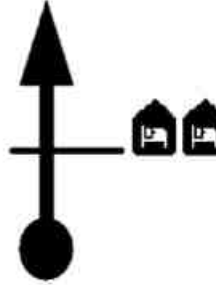
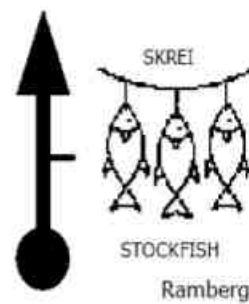
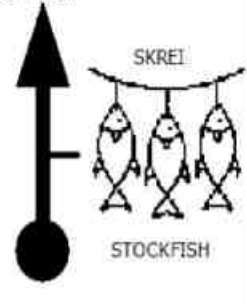
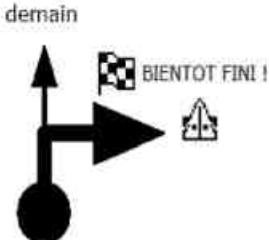
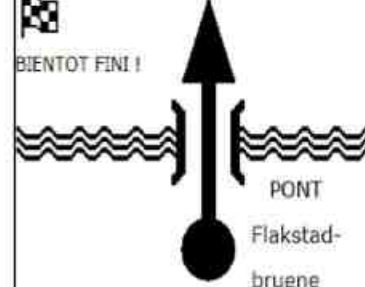
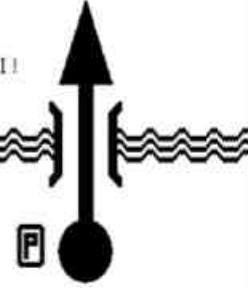
WP 410

TOT 492.0

Stamsund + 0.4 WP 411 TOT 492.4	Steine + 0.9 WP 412 TOT 493.3	Steine + 0.8 WP 413 TOT 494.1	Fv815 LEKNES + 4.7 WP 414 TOT 498.8	STORFJORD + 0.4 WP 415 TOT 499.2	raccourci de 8km URE + 0.5 WP 416 TOT 499.7
Finnstadpollen + 1.0 WP 417 TOT 500.7	+ 2.1 WP 418 TOT 502.8	+ 0.5 WP 419 TOT 503.3	FYGLE Sennesvik + 2.5 WP 420 TOT 505.8	Sennesvik + 0.3 WP 421 TOT 506.1	+ 1.3 WP 422 TOT 507.4
+ 0.2 WP 423 TOT 507.6	+ 1.0 WP 424 TOT 508.6	+ 1.3 WP 425 TOT 509.9	Bergspollen Skrivarneset + 1.0 WP 426 TOT 510.9	+ 0.7 WP 427 TOT 511.6	Fv815 LEKNES Fygle + 0.7 WP 428 TOT 512.3

Fyglsjøen Leknes	Leknes	Leknes	2 Leknes	Leknes	Ballstad Fv818 Raccourci de 9 km l												
+ 0.6	WP 429	TOT 512.9	+ 0.8	WP 430	TOT 513.7	+ 0.3	WP 431	TOT 514.0	+ 0.4	WP 432	TOT 514.4	+ 0.3	WP 433	TOT 514.7	+ 1.7	WP 434	TOT 516.4
		Gravdal	Gravdal	Gravdal	Gravdal												
+ 0.2	WP 435	TOT 516.6	+ 0.3	WP 436	TOT 516.9	+ 0.8	WP 437	TOT 517.7	+ 0.4	WP 438	TOT 518.1	+ 0.4	WP 439	TOT 518.5	+ 0.3	WP 440	TOT 518.8
Hattan																	
+ 2.1	WP 441	TOT 520.9	+ 1.4	WP 442	TOT 522.3	+ 1.7	WP 443	TOT 524.0	+ 0.6	WP 444	TOT 524.6	+ 0.7	WP 445	TOT 525.3	+ 0.6	WP 446	TOT 525.9

		 Offerseya	 Offerseya		Nappstraumtunnelen 1776m sous "Gapet" (Mer de Norvège) 												
+1.2	WP 447	TOT 527.1	+0.7	WP 448	TOT 527.8	+0.5	WP 449	TOT 528.3	+0.3	WP 450	TOT 528.6	+1.4	WP 451	TOT 530.0	+1.0	WP 452	TOT 531.0
 Napp	 Napp	 Napp		 Storvatnet	 Vareid												
+2.1	WP 453	TOT 533.1	+0.6	WP 454	TOT 533.7	+1.0	WP 455	TOT 534.7	+1.4	WP 456	TOT 536.1	+1.2	WP 457	TOT 537.3	+1.0	WP 458	TOT 538.3
 Litvatnet Vareid	 Vareid	 Klokkarelva Kilan	 MORPHEUS Kilan														
+0.3	WP 459	TOT 538.6	+0.6	WP 460	TOT 539.2	+3.0	WP 461	TOT 542.2	+1.2	WP 462	TOT 543.4	+0.6	WP 463	TOT 544.0	+1.2	WP 464	TOT 545.2

 Flakstad	 SKAGEN	 WC SKAGSANDEN		 Ramberg	 Ramberg						
+ 3.6	WP 465 TOT 548.8	+ 1.3	WP 466 TOT 550.1	+ 0.4	WP 467 TOT 550.5	+ 1.8	WP 468 TOT 552.3	+ 1.0	WP 469 TOT 553.3	+ 0.4	WP 470 TOT 553.7
 SKREI STOCKFISH Ramberg	 SKREI STOCKFISH	 BIENTOT FINI !	 Spenger- vatnet	 demain BIENTOT FINI !	 BIENTOT FINI ! PONT Flakstad- bruene						
+ 0.8	WP 471 TOT 554.5	+ 0.5	WP 472 TOT 555.0	+ 0.4	WP 473 TOT 555.4	+ 0.3	WP 474 TOT 555.7	+ 1.4	WP 475 TOT 557.1	+ 0.6	WP 476 TOT 557.7
 BIENTOT FINI ! Fredvang	 demain Fredvang	 FIN Fredvang	 Finish FREDVANG CAMPING Bon Repos ! www.rando-moto.be								
+ 0.8	WP 477 TOT 558.5	+ 1.0	WP 478 TOT 559.5	+ 0.4	WP 479 TOT 559.9	+ 0.7	WP 480 TOT 560.6	+	WP TOT	+	WP TOT